

It's All Happening in March!



Don't miss our two main events in March. Our Fareham Discovery Fair on Wednesday 6 March, 9am-3pm in Fareham Shopping Centre (outside B&M), offers the opportunity to discover a lot about what's going on in the voluntary and community sector in the Borough of Fareham.

Our Mascot March on Saturday 30 March at noon is a lot of fun (if last year's is anything to go by!) Here you'll see all manner of charity mascots marching up West Street raising awareness of their organisation. If you're not marching yourself come and give us a cheer!



Much to discover happening in and around Fareham

including:

- * Choirs
- * Men's Shed
- * Upcycling
- * Recycling
- * Craft Projects
- * Community Knitters
- * Volunteering
- * Groups etc

Fareham Discovery Fair
Wednesday 6th March
outside B&M
9am-3pm

Get a lot
out of
joining in!



www.1community.org.uk hhamlett@1community.org.uk

Tel: 0770 280 2556

Come and see us inside Fareham Shopping Centre, Osborn Mall

Registered Charity Number 1052978 Registered in England as a company limited by guarantee Registered number 3132524

One Community News



It certainly feels like spring is in the air with daffodils and cherry blossom coming out. A time to start new activities and come up with new ideas. If you do

have new services or events planned, please don't forget to let One Community know so we can help publicise them for you. You may like to come on the radio with us as part of our new partnership with Unity 101 (see over page).

The One Community team is busy preparing for events throughout the year including our March Discovery Fair and Mascot March (see front page), and new training opportunities (page 10). If there's something you need help with that isn't advertised we may be able to either signpost you to a similar course or arrange something to fit your organisation.

A large part of my job is to have an overview of all our services and with almost a 1,000 clients a week in touch with us in one way or another it has to run as a well-oiled machine, and amazingly it does thanks to my lovely team. Although I and my trustees are constantly impressed by what our team achieves and that of the voluntary and community sector as a whole, it is the personal stories that make it real. The volunteer who goes on to get a job, the work experience student who understands what life at work really means, the person who get the right support at the right time ... that makes all the difference!

Jean Roberts-Jones
Chief Executive
One Community

Green Tips

There are a few things we can all do to have a positive impact on the planet, to avoid waste, conserve resources and fight climate change. Here's our monthly tip from our environmental friend:

Start Your Own Wormery

A great way to recycle fruit and vegetable waste is to start your own wormery. There are lots of these



purpose-built containers available to buy, and the worms (which usually come with the kit) do all the work, converting your waste into a lovely compost and a nutritious liquid fertiliser.

Vegetable waste comprises mostly water, and this will drain down through the bin to

collect in the bottom. The liquid from the wormery can be removed through a tap in the base of the bin and used as a liquid feed.

Wormeries generally have three or four modular trays stacked on top of each other. As the worms consume the waste in one layer, they move up to the next one. All you have to do is keep adding fresh peelings to the top layer and removing the compost from the bottom tray, cleaning it off and replacing it at the top with fresh peelings.

One Community Broadcasting with Unity 101



In an exciting partnership with Unity 101 Radio, One Community will be broadcasting live every Tuesday afternoon at 3pm, from 5 March, on the station's Community Hour.

We want to reflect the vibrant and diverse voluntary and community sector in our area, with a range of voices and organisations, hearing all about your activities and services.

The aim of Unity 101 is to promote and broadcast music and culture of the Asian and ethnic communities of Southampton.

We're kicking off on 5 March with Sharon Noble from The Royal Navy & Royal Marines Children's Fund. Do tune in on <http://unity101.org/>

So if you've got something you'd like to talk about to us, live on air, please contact us on 023 8090 2458 or volunteer@1community.org.uk



Mascot March

Saturday March 30th - Noon
Marching along West Street, Fareham

Marching to celebrate our local community, come and join in

Local charities and groups
 uniformed marchers and
 mascots all together

Come along and take a
 supportive selfie with your
 favourite mascot

Official mascots must book in
 advance



Meet "Molly"

07702 802 556— hhamlett@1community.org.uk
 Registered Charity 1052978 Company Limited by Guarantee 3132524



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One Community Information Centre



You'll find a warm welcome at our One Community Information Centre, and lots of information about volunteering opportunities, support services and what's going on in the Borough of Fareham.

There are regular drop-ins from various local organisations - contact us for further details.

We take donations of goods for various charities, collect milk bottle tops, and second hand books, CDs and DVDs to sell to raise money for our services - come and have a browse!

You'll find us in Fareham Shopping Centre, on Osborn Mall, opposite Millets. Call 07702802556.

Governance Guidance

If you are an **Organiser or a Committee Member** then you are most likely a **Trustee** for your organisation and you should be aware of your responsibilities and requirements. At One Community we realise the complexities of your roles and this regular column is designed to support you with this.

“Trustees have overall control of a charity and are responsible for making sure it’s doing what it was set up to do. They may be known by other titles, such as: **Directors, Board Members, Governors, Committee Members.**

Whatever they are called, trustees are the people who lead the charity and decide how it is run. Being a trustee means making decisions that will impact on people’s lives. Depending on what the charity does, you will be making a difference to your local community or to society as a whole.

Trustees use their skills and experience to support their charities, helping them achieve their aims. Trustees also often learn new skills during their time on the board.”

From: Charity Commission /Charity trustee: what’s involved (CC3a)/:

<https://www.gov.uk/guidance/charity-trustee-whats-involved#find-out-more-about-being-a-trustee>

We are here to help



At One Community, we are always happy to offer direct, specific support and advice to you and your organisation, whenever you need it. Please contact Carol Grant (pictured), our Community Development Manager on 023 8090 2460 cgrant@1community.org.uk with any queries about being a Trustee or governance issues such as constitutions, policies, safeguarding, funding.

Be confident that if we don’t know the answers, we’ll know someone who does!

Topic this month:

Dealing with wrongdoing and harm: lessons for trustees

Dealing with wrongdoing and harm: lessons for trustees - *From the Charity Commission*

Foreword

In recent years the Charity Commission has published annually a report outlining the lessons and warnings that trustees might usefully draw from some of the casework we handled over the previous 12 months. This year we have changed the title and the format to make the material more usable and I would like to take the opportunity to place it in a broader context.

Our new five year strategy sets out the purpose of the Charity Commission: to ensure charity can thrive and inspire trust so that people can improve lives and strengthen society.

We cannot achieve that goal by ourselves. The shared benefits of a thriving sector bring with them a shared responsibility to meet popular expectations of behaviour and conduct. It is a responsibility which binds together the regulator and those whom we regulate.

As one the 700,000 trustees who together oversee more than £70 billion of annual income you are the first line of defence in securing the reputation of your own charities and more widely that of the sector as a whole. That is a huge undertaking and the Commission is here to help, not just to step in when things go wrong.

So while we are dealing with more regulatory compliance cases and more reports of serious incidents than ever before as number of charities on the register continues to grow, it is important to recognise the hard work and dedication of the overwhelming majority of trustees. Nevertheless, where things do go wrong, the potential impact of such cases on public trust and confidence when they do come to light also demonstrates how precious and fragile the good standing of charity can be. That is why we are working on becoming more preventative in our approach, developing the risk-based element to its work so that it can spot potential problems before they occur. This report should be read in that spirit.

Helen Stephenson CBE,
Chief Executive Officer, Charity Commission
There are lessons in six areas from our work in 2017-

18:

Insider fraud

We looked at a sample of cases of insider fraud in 2017-18. We found that almost three quarters of cases are because of:

- too much trust in an individual or individuals
- others in the charity not challenging things

The findings follow some high profile cases of insider fraud in 2017-18.

These include:

- Birmingham Dogs Home, where the former chief executive stole £900,000 from the charity
- NSA Afan, where the finance director went to prison for spending almost £54,000 of the charity's money for personal gain

Lessons for trustees

You are accountable and must protect your charity and its funds and assets.

You must:

- make sure charitable funds are properly used to further your charity's purposes
- have strong internal and financial controls
- have robust financial management

This should be a core part of your charity's culture.

Encourage everyone in your charity to look out for things that do not seem right and to speak out. Divide financial duties among different people. This should help you to check and verify records and transactions.

[Guidance on internal financial controls](#)

[Our research report on insider fraud](#)

Safeguarding

We received 1,580 serious incident reports about safeguarding in 2017-18. This was more than in previous years but under reporting is still an issue. Only 1.5% of charities have submitted a serious incident report since 2014. Serious incidents will happen. We consider charities that do not report them as higher risk than those who do.

We wrote to 1,700 charities that said in their annual returns that they:

- worked with children or adults at risk
- did not have a safeguarding policy

We told them how important it is for them to address this.

Lessons for trustees

Trustees have a duty to protect people who come into contact with their charity from harm. It is not only

something for charities working with children or adults at risk.

Make sure that your charity's staff and volunteers are safe in the workplace, as well as your users and customers.

You should also protect people who may only come into contact with your charity temporarily. For example, if you host an event where people who you do not usually work with might be at risk.

Create an open culture and listen to victims. Review your safeguarding policies and procedures if you have not done so in the past year.

[Guidance on safeguarding and protecting people](#)

Reporting serious incidents

We received 2,819 reports of serious incidents in 2017-18. Most reports were about safeguarding.

Lessons for trustees

Protect your charity and its reputation by:

- acting early
- reporting things where necessary

Make sure you know when you should report incidents and who to report them to. It may not be comfortable for your charity, but reporting serious incidents is part of governing your charity responsibly.

[How to report a serious incident to the Charity Commission](#)

Counter-terrorism

In March 2018, we confirmed a [statutory inquiry into Essex Islamic Academy](#), also known as Ripple Road Mosque. We could announce this after the conviction of a former religious teacher at the charity for a number of terrorism offences.

Also in March, we published the findings of [our inquiry into Anatolia People's Cultural Centre](#).

We found there had been misconduct and mismanagement in how its trustees had run the charity. Inappropriate images were displayed at the charity's premises. We concluded that the images would likely lead a reasonable member of the public to think the charity supports terrorism or extremism. The trustees allowed and did not prevent this. That was not right.

We removed or disqualified the trustees of the charity from being trustees in the future. We also removed the charity from the register of charities.

Lessons for trustees

Compared to the number of charities, the number of

proven cases of abuse of charities for terrorist purposes is small. But they can reduce public confidence and trust in charities.

Do not do anything that would reasonably be seen to support or associate with a terrorist organisation or activities that support terrorists and extremists. Have proper procedures in place to:

- manage the risks of coming into contact with designated entities, groups or persons
- take action quickly if this situation arises

Where a charity's activities may, or appear to, support, condone or encourage terrorist activity or ideology, take immediate steps to make clear that this is not the case. Watch out for suspicious activities.

Do not let anyone use your charity's resources for anything that supports, or could appear to support, terrorist activities. This includes staff, volunteers or premises.

[More lessons for trustees and what steps you may need to take](#)

Data protection

The EU General Data Protection Regulation (GDPR) was introduced in May 2018. This was a challenge for all charities. This is likely to become a more high-profile risk for charities in 2019.

Lessons for trustees

Trustees should:

- review data protection procedures
- put appropriate processes in place

[follow guidance for charities from the ICO](#)

Trustees should also make sure their charity has an appropriate social media policy in place and be clear on how it applies to them.

[Guidance on making digital work for charities](#)

Military charities

We looked at a sample of military charities that:

- registered since 2007
- work with veterans

From this work there were lessons and advice for those charities and some wider lessons for all charities and trustees. The lack of safeguarding policies and practices to deal with mental health in some of the charities was a concern. There was a need to strengthen policies in most of the others.

In other charities, trustees had not taken appropriate responsibility for the charity's fundraising.

Lessons for trustees

Think about who your users are. Make sure that everyone who comes into contact with your charity is safe. If you work with veterans, be aware of any particular needs they may have.

You are responsible for your charity's fundraising. Operate effective control of any fundraising done on behalf of the charity.

The six principles for trustees are:

- plan effectively
- supervise your fundraisers
- protect your charity's reputation, money and other assets
- follow laws or regulations that apply to your charity's fundraising
- follow any recognised standards that apply to your charity's fundraising
- be open and accountable

[Fundraising guidance for trustees](#)

[More lessons for trustees in our group report on our sample of military charities](#)

If you require any help with developing policies for your organisation, we are here to help. Contact our Community Development Workers on 023 8090 2400.

Important Changes For Organisations That Employ staff

From 1 April: National minimum wage and national living wage rates

By 1 May: "Real" living wage

For pay reference periods starting on or after 1 April 2019, the hourly rates for national minimum wage (NMW) and national living wage (NLW) are:

- NLW for workers aged 25 and over: £8.21 (4.9% increase from £7.83).
- NMW for workers aged 21 to 24: £7.70 (4.4% increase from £7.38).
- NMW for workers aged 18 to 20: £6.15 (4.2% increase from £5.90).
- NMW for workers aged 16 and 17 year olds who are above school leaving age and are not apprentices: £4.35 (3.6% increase from £4.20).
- NMW for apprentices aged under 19, or 19 or over and in the first year of their apprenticeship: £3.90 (5.4% increase from £3.70).

From 1 April the accommodation offset rate is £7.55 per day / £52.85 per week, a 7.9% increase from £7 per day / £49 per week. Unlike all other company benefits in kind such as food and car, accommodation provided by an employer, up to the accommodation offset rate, can be taken into account when calculating NMW/NLW.

From 6 April: Itemised payslips

Under the Employment Rights Act 1996 s.8, all employees must be given an itemised pay statement (colloquially called a payslip) containing specified information. For pay periods starting on or after 6 April 2019 additional details must be included, and the right to an itemised pay statement is extended to workers such as casuals, zero-hours workers or contractors who do not meet the legal definition of an employee, but are paid by the employer and are not genuinely self-employed. Workers have some employment rights (most significantly equality rights, minimum wage and working time rights including annual leave), but not all; and in addition, PAYE must be operated for workers. The courts are increasingly widening the definition of workers, so if in doubt about someone's status, whether PAYE needs to be operated and whether they must be given an itemised pay statement, use HMRC's employment status service.

Itemised details that must currently be shown are:

- gross amount of wages or salary;
- amounts deducted for tax and national insurance;
- the details and amount of each deduction of a fixed amount, or if a separate standing statement of deductions has been given to the individual, the total figure for fixed deductions;
- the amount and purpose of each variable deduction;
- the net amount payable after all deductions;
- where different parts of the net payment are paid in different ways, the amount and method of each part payment.

From 6 April, if an employee's/worker's pay varies according to time worked, the statement will also have to show:

- the number of hours being paid, either as a total number of hours or as separate figures for different types of work or different rates of pay.

Employers must ensure that by 6 April the format of

pay statements must be adjusted, if necessary, to show the additional hourly pay information, and must ensure their payroll systems collect the necessary information about variable pay (if they do not already), and that workers who have not previously received pay statements complying with the statutory requirements are added to the payroll system by then.

Pay statements must be given before or when the payment is made.

From 6 April: Increased contributions for auto-enrolment pensions

When compulsory pension auto-enrolment was introduced in 2012, the statutory minimum contribution to a qualifying scheme was 2% of the worker's qualifying earnings (between the national insurance lower and upper limits). Of this 2%, at least 1% had to be paid by the employer, with the remaining 1% being paid by the worker, or being paid entirely or partly by the employer.

In phase 2, from 6 April 2018 to 5 April 2019, the employer's contribution the total contribution must be at least 5% of qualifying earnings, of which at least 2% must be paid by the employer.

In phase 3, from 6 April 2019, the total contribution must be at least 8%, of which the employer's contribution must be at least 3%. At present, there are no plans to change these amounts.

Minimum contributions may be higher for certain types of pension scheme, so it is important for employers to check pension scheme rules to ensure they are deducting the appropriate amount from workers' pay and making the appropriate employer's contribution. They should also check workers' contracts, to ensure they allow for the increased amount to be deducted from pay.

Workers may be shocked to realise that their contribution increased from 1% in 2017/18 to 3% in 2018/19, and now to 5% (or whatever the amount is for their scheme) for 2019/20. To reduce the shock and complaints, employers should inform workers that this will be happening and make clear that the increased worker contribution is a statutory requirement, and even though the money is coming out of their pay it is going into their pension pot. Some workers may wish to leave their pension scheme, which they can do by contacting the pension provider.

Courtesy Sandy Adirondack

Information


Wellbeing Wednesday


10:30 to 2:30pm
 You are welcome, come and join us.


 What will we be doing on the Wellbeing Wednesday??
 

				
Keep fit, music and movement	Balance for Life and chair exercises	Healthy lunch & information about healthy eating £2:50	Skittles and table top games	Dancing and having fun with friends


 Where will it be held?? (We call it the Q Club for short)
Duke of Connaught Social Club, 74, Western Road, Fareham.
 Telephone: 01329 516122 **PO16 0NS**

				
It will cost 50p to come in. This also pays for your raffle ticket	You can buy a tea or coffee for 50p or a squash for 35p	You will be given a membership card and a copy of the club rules.	You will be part of a group who care, bring your carer too, they will be welcome.	Everyone is welcome; People will volunteer to help with the sessions. Can you volunteer to help too?

Job Vacancy - The Moving On Project



FUNDRAISER— JOB DESCRIPTION

This is a paid role, 8 hours a week, £10.00 per hour
 This is an important role that will help enable The Moving On Project to attract financial support and donations. The Moving On Project is a charity working in Fareham and Gosport, to provide help for young people aged 11-25, to improve their lives. We offer confidential, discrete support, including free counselling to local young people. We are based at the X-perience Youth Centre, Fareham and also offer counselling in Gosport.

TMOP is looking for a committed individual with some previous fundraising experience.

Role Title: Fundraiser

Principal Function:

- To help develop our corporate sponsorship packages
- To help promote the sponsorship packages by sourcing suitable organisations, making contact with the appropriate people and securing financial support
- Communicating the importance of TMOP and our fundraising activities and the benefits to sponsors and supporters in being involved with TMOP
- Helping promote TMOP through our social media channels and Facebook advertising
- Assisting with general event planning, administration and ongoing events.

Personal qualities required:

- An interest and commitment to supporting young people
- Good interpersonal skills, you will be friendly, professional and have a persuasive manner
- Excellent written and verbal skills
- Self-motivated
- Strategic and thorough in recording details
- Excellent organisational and administrative skills
- Experience of managing simple databases in Excel
- Excellent attention to detail
- Previous experience of working or volunteering in the not-for-profit sector or working in child protection/safeguarding (voluntary or statutory), is desirable but not essential
- Previous experience in fundraising/event management is desirable.

All successful applicants will:

- Be required to submit themselves for an Enhanced DBS check
- Be required to provide two professional references
- Be required to sign an agreement around confidentiality
- Be provided with a full induction, volunteer handbook and regular 1-1 supervision

Accountable to: TMOP Manager

Location: TMOP office

Time Commitment: 8 hours per week Days: Flexible

Apply with CV to lynne.martin@the-mop.org

Change to legacies service could cost charities millions, warns membership body



The Institute of Legacy Management (ILM) has warned that charities could face delays in accessing tens of millions of pounds because of changes to the wills

notification system this year.

Last month, HM Courts and Tribunals Service announced that it would end its current arrangement with private firm Smee & Ford, which charges charities for a service that alerts them when money has been left to them in someone's will, at the end of July.

It is now working with charity stakeholders including Acevo, NCVO, the Institute of Fundraising and the Institute of Legacy Management to create a new system.

But the ILM has now warned that if a system is not put in place by the end of July, it could mean charities face delays in accessing tens of millions of pounds that has been donated to them.

The organisation said: "Both ILM and its members are particularly concerned that there might not be a new service in place when the Smee & Ford contract expires in under six months." "This could have a hugely detrimental effect on charitable spend and the ability of charities to help the good causes they support.

"Research conducted by Macmillan Cancer Support suggests that without a service like the one that Smee & Ford currently provides it could have as much as £14m less of accrued income, while Cancer Research UK has suggested it could be reporting as much as £30m less income.

"Although the legacy income will reach them eventually, the accounts for 2019 would be reduced and it would not be prudent for the charity to assume this income would arrive so they would need to adjust plans for charitable spend accordingly."

ILM said it is drafting a submission regarding a new service to the Ministry of Justice, who it will meet along with other stakeholders in early March.

Courtesy Civil Society News

Arts Funding Symposium, The Point 11am, Thursday 14 March



Have you got an idea for a great arts project in Hampshire but don't know what to do next? The Point in Eastleigh is offering a **FREE** Funding Symposium as Arts Council England's Anneliese Slader discusses funding and how you can make an application to support your idea.

Arts Council [National Lottery Project Grants programme](#) funding supports a wide variety of arts, museums and libraries projects. This open access programme is funded by the National Lottery and helps thousands of individual artists, community and cultural organisations.

The Arts Funding Symposium is open to all; whether you already work in arts and culture or just have a really great idea but need support to realise it.

Places are free but must be booked in advance: For further information click [here](#)

Masonic Charitable Foundation—Early Years Opportunities Grants Programme

The Early Years Opportunities programme is open to charities that help disadvantaged children and young people overcome the barriers they face to achieve the best possible start in life. Maximum value £150,000.

For further information click [here](#)

Swimathon Foundation Community Grants

Grants are available to local not-for-profit organisations whose projects help to promote swimming in local communities across the UK. Maximum value £2,500. For further information click

[here](#)

For assistance with finding funding and funding applications, please contact our Community Development Team on 023 8090 2400

One Community Training, Workshops and Information Service



For further information about training, to discuss your needs or to book your place please contact

Rachel Webb 023 8090 2400

info@1community.org.uk

EMERGENCY FIRST AID AT WORK TUESDAY 12 MARCH 2019, 9.30AM – 4.30PM

Venue: The Point, Leigh Road, Eastleigh, SO50 9DE
This one day training session will cover all aspects of Emergency First Aid at Work.

At the end of the course learners will have demonstrated competence in basic life support skills and increased their awareness in managing a first aid incident in the workplace.

A certificate of competence will be issued and is valid for three years.

Cost: Voluntary Sector £70, Others £85 (tea and coffee included, please provide your own lunch)

TRUSTEE WORKSHOP MONDAY 20 MAY 2019, ARRIVE 6.30PM FOR 7.00PM START – 8.30PM

Venue: The Point, Leigh Road, Eastleigh, SO50 9DE
Come along to this free session to find out about the role of a charity trustee.

All you ever wanted to know about being a trustee – the high points and the not so high! This is an opportunity to find out if being a trustee is for you.

- What can you offer a local charity?
- What are local charities looking for?

GDPR ACTIONS WORKSHOP WEDNESDAY 22 MAY 2019, 9.30AM – 11.00AM

Venue: The Point, Leigh Road, Eastleigh, SO50 9DE
The General Data Protection Regulation came into effect on 25 May 2018 to protect personal and business information from being abused, misused or mismanaged. This course is designed to act as a checklist for those who have already taken action

following the GDPR and to provide practical guidance on actions to take for those who have not yet undertaken a full review.

The course will cover:

- overview of GDPR and data protection
- principles, accountability and proportionality
- actions required
- structure for policy documents
- how to manage the process
- question and answer session.

Cost: Voluntary Sector £30, Others £40

ONE COMMUNITY BITE SIZED TRAINING

ATTRACTING VOLUNTEERS TUESDAY 7 MAY, 2-3.30/4PM

Venue: Priory Park Community Centre, Locks Heath
This course is aimed at the people in an organisation whose role it is to recruit and support volunteers, whether they are volunteers themselves or paid staff.

This session looks at:

- Seeing things from a volunteer's point of view - planning an effective advertisement
- Identifying the tasks, skills required and key elements of a role description
- Your approach to interviewing.

CELEBRATING VOLUNTEERS TUESDAY 21 MAY, 2-3.30/4PM

Venue: Priory Park Community Centre, Locks Heath

- What does celebrating mean?
- Effective ways to celebrate the contribution volunteers make to your organisation
- Simple thank yous

KEEPING VOLUNTEERS TUESDAY 18 JUNE, 2-3.30/4PM

Venue: Priory Park Community Centre, Locks Heath

- What motivates individuals to volunteer
- How motivation can be maintained
- The aims and skills of supervising volunteers
- The skills involved in giving praise
- Matching rewards to individuals' needs.

For assistance with your training needs and information about courses you may be looking for, please contact our Community Development Team on 023 8090 2400

Portchester Community Centre

Lunch Club

Mondays 11.30am-1.15pm

£3.50 per person for two courses

Takeaway sandwich available for an extra £1.50

Variety Club

Tuesdays 2.30-3.30pm

£2 per person including refreshments

To book a place at either club
please call 023 9232 1787

Mother's Day Runaway Service

4pm Sunday 31 March

St John's Church, 1A Upper Street, Michael's Grove,
Fareham, PO14 1DN



A service for those who normally avoid church on Mothering Sunday. The Mother's Day Runaways service offers a safe space for those who find Mothering Sunday difficult. Whatever your story, whether you're grieving the loss of a mother, the loss of a child, or a baby through miscarriage, whether you're struggling with infertility or childlessness, singleness or a difficult relationship, whether you never even knew your mother or any other reason why you might find Mothering Sunday painful, this quiet, reflective service has been designed with you in mind.

BROADLAW HUB SKILLS CAFÉ

Broadlaw Community Centre, 1 Lion Place, Bishopsfield Road, Fareham, PO14 1FE

OPEN MOST MONDAYS 2PM-6PM AND MOST WEDNESDAYS 10AM-12.30PM

Not Wednesday 13th March NOW Friday 15th March 10-12.30pm

Not Wednesday 20th March NOW FRIDAY 22nd March 2-6pm

Things Broadlaw Hub Skills café offer:

citizens advice

One Community
1978 - 2018
together we make a difference

Computer and internet access.
Help provided for job searching, cv writing and more.

A Hot cup of tea/coffee

Have your say and talk to your local councillor.

Knitting and crochet

A friendly environment to come, sit and have a chat with other local people.

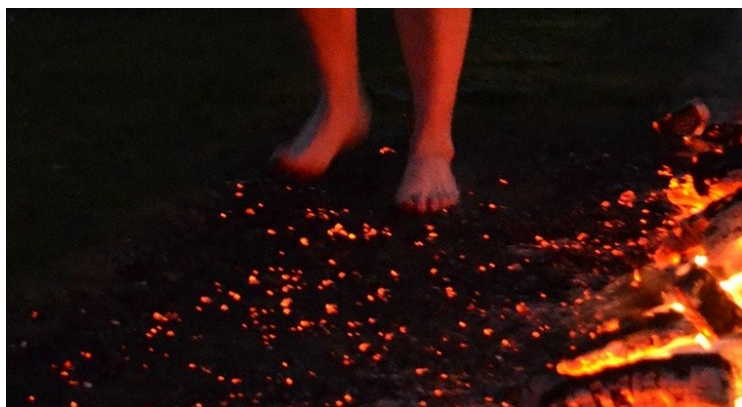


Mark Grindrod Skills Café Co-ordinator- mark@sehco.org.uk



Got an event coming up? Let us know about it so we can promote it for you. Send submissions for inclusion in Network to Julia Allan: jallan@1community.org.uk by the middle of the month.

Firewalk in Support of Breast Cancer Haven



Friday 8 March at 6pm

**Hambrooks Garden Centre, 135 Southampton Road,
Titchfield, Fareham, PO14 4PR**

Tickets £20

wessexfundraising@breastcancerhaven.org.uk or

01329 559295

Challenge yourself to walk barefoot across burning wood embers, to show your support for people affected by breast cancer. If you think you can handle the heat register today.

Please note this is a fundraising event with a per person fundraising target of £100 minimum. Gather your family, friends and colleagues and take advantage of our team offers:

- Buy 5 places and save £10. Each team of five could fund counselling services for a week.
- Buy 9 places and get the 10th one free! Each team of ten could fund a full personalised programme of one-to-one support for one person affected by breast cancer.

All participants must be able to walk at a brisk pace and be aged 14 or over.

If you are under 16, parent / guardian permission is required.



Chocolate



**Westbury Manor Museum
84 West St, Fareham PO16 0JJ
16 March-4 May**

“Money can’t buy happiness. But it can buy chocolate, which is pretty much the same thing.” Hanako Ishii
Chocolate hasn’t always been a sweet treat – the ancient Aztecs mixed a drink of cocoa and blood to fire up their warriors; and the American army in the second world war mixed flour and dry oatmeal in chocolate bars to discourage soldiers from snacking on them.

Join us as we explore the fascinating history of our favourite food, with incredible objects spanning five thousand years and three continents.

Did you know Kit-Kats used to be blue, not red? That Roses used to bear resemblance to the flower? That modern milk chocolate contains more sugar than cocoa? A must-see exhibition for all those with a sweet tooth!

Your Network

Send submissions for inclusion in Network to
Julia Allan: jallan@1community.org.uk
by the middle of the month.

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