

## Celebrating Volunteers in Volunteers' Week



Celebrating Volunteers' Week 2019, One Community held a Volunteer Awards event at Ferneham Hall in Fareham on Wednesday 5 June. At the event 84 volunteers from 15 organisations were recognised, receiving their certificates from the Mayor of Fareham Cllr Pamela Bryant, who was accompanied by her daughter, the Mayoress, Cllr Louise Clubley.

The presentation provided the opportunity to tell the individual stories of the volunteers, both amusing and touching in turn. The organisations represented reflect the diversity of the roles undertaken, from Front of House volunteers welcoming and serving visitors to Westbury Manor Museum in Fareham to Acts of Kindness volunteers who provide support to the vulnerable.

The Mayor spoke from the heart in her warm closing remarks, thanking all those present for the exceptional contribution they make to the life of the borough.

A volunteer manager who accompanied some of her volunteers to the presentation said: "I really enjoyed the evening, it is so positive, and it really makes me feel part of something wonderful."



# One Community News



I know many of you have summer events planned. Just a reminder to make sure your organisation's insurance covers the activity, and that you have risk assessed

your event (we can help you with this).

Our team will be at many events over the next few months - don't miss our Summer Volunteer and Community Opportunities Fair on West Street, Fareham on Friday 12 July, 9am-3pm (see back page).

Staff are also pulling together our Impact Report for our AGM. This year it will be in the form of video clips to be presented at our AGM (2pm on 24 September at The Point in Eastleigh). Our clients are lovely about giving us compliments, which we really appreciate, but sometimes it is quite difficult to quantify the impact our service has on someone's life.

We constantly monitor and evaluate to ensure we really do make a difference. If this is an issue for your organisation, do please get in touch and we may be able to help, advise or simply share good practice.

Keep smiling!

**Jean Roberts-Jones**  
Chief Executive  
One Community

## Green Tips

**There are a few things we can all do to have a positive impact on the planet, to avoid waste, conserve resources and fight climate change. Here's our monthly tip from our environmental friend:**

If you're spending significant time in the sun, then sunscreen is key to protecting your health. But many sunscreens contain oxybenzone and octinoxate, chemicals that contribute to the "rapid and complete bleaching of hard corals, even at low concentrations," according to a 2008 study.

Coral bleaching occurs when reefs are distressed, expelling algae and disrupting the ecosystem as a result. Often coral bleaching ultimately results in coral death and is a top indicator of the extinction of a reef.

The US state of Hawaii is the first to ban the sale of sunscreen containing the coral-harming chemicals oxybenzone and octinoxate to protect its



reefs. The law goes into effect 1 January 2021, but many locals and visitors are already choosing environmentally friendly sun screen. In Hanauma Bay alone, an estimated 412 pounds of sunscreen was found on reefs in 2015.

Petrolatum, also known as mineral oil, and Titanium Dioxide are also common ingredients in sunscreen that are known to be harmful to marine life.

When reaching for sunscreen this summer, check the ingredients and opt for something that protects both you and the environment.

## Help One Community When You Shop With Amazon



Do your Amazon shopping on **AMAZON SMILE** and choose One Community as your charity to support. It costs you nothing but One Community will receive 0.5% of eligible purchases.

<https://smile.amazon.co.uk/>

**Thank you for your support!**

## Volunteers' Week Visit from Fareham MP



We were delighted to welcome Suella Braverman MP into our Fareham Information Centre on Friday 7 June, during Volunteers' Week. She was keen to talk about the Voluntary Sector and the work of One Community with our local groups and volunteers.

Our staff and volunteers very much enjoyed the morning, chatting over a cuppa and cake.

Continued from front page



Volunteers from Breast Cancer Haven, British Heart Foundation, Bursledon Brickworks, Citizens Advice, Fareham Good Neighbours, Fareport Talking News, Friday Night Club, Friends of Fareham Hospital, Friends Through Pain, Lockwood Day Care Centre – Age Concern, One Community, the Scout Association and Solent Mind were all recognised on the night.

Pictured above are some of our own One Community volunteers, receiving their certificates from the Mayor. From left to right: Marian Hopkins, Gina Shakespeare, Dawn Smith, John Vivian and Helen Osborn.



After the presentations, drinks and nibbles were served and the Mayor and Mayoress mingled with volunteers, nominators and guests and posed for many more photographs, including one with Hayley Hamlett (see left), One Community's Voluntary Sector

Support Development Worker, in One Community's very popular Volunteering Matters selfie frame!

Also during Volunteers' Week, we were delighted to receive Fareham MP Suella Braverman (see left page) at our Information Centre in Fareham Shopping Centre, who joined us for coffee and cake and a chat about the importance of volunteering in Fareham.

## One Community Information Centre Advice & Support, Crafts and Groups June 2019 No appointments needed - just drop in



### Monday 1

Home-Start Hampshire 10am-12 noon  
Disabled People's Voice 1-3pm

### Tuesday 2

Quit4Life 11am-1pm

### Wednesday 3

One Community Knitters 11am-1pm

### Thursday 4

Open Sight 10am-2pm

### Friday 5

Fareham Area Disability Forum 1-3pm

### Tuesday 9

Quit4Life 11am-1pm

### Wednesday 10

One Community Knitters 11am-1pm

### Monday 15

Disabled People's Voice 1-3pm

### Tuesday 16

Quit4Life 11am-1pm

### Wednesday 17

One Community Knitters 11am-1pm

### Tuesday 23

Quit4Life 11am-1pm

### Wednesday 24

One Community Knitters 11am-1pm  
Osteoporosis Arthritis Advice & Support from QA 1-3pm

### Friday 26

Richmond Fellowship 10am-12 noon

### Monday 29

Quit4Life 11am-1pm

### Wednesday 30

One Community Knitters 11am-1pm

**For further information contact  
the Information Centre on 0770 2802 556**

## Governance Guidance

If you are an **Organiser or a Committee Member** then you are most likely a **Trustee** for your organisation and you should be aware of your responsibilities and requirements. At One Community we realise the complexities of your roles and this regular column is designed to support you with this.

“Trustees have overall control of a charity and are responsible for making sure it’s doing what it was set up to do. They may be known by other titles, such as: **Directors, Board Members, Governors, Committee Members.**

Whatever they are called, trustees are the people who lead the charity and decide how it is run. Being a trustee means making decisions that will impact on people’s lives. Depending on what the charity does, you will be making a difference to your local community or to society as a whole.

Trustees use their skills and experience to support their charities, helping them achieve their aims. Trustees also often learn new skills during their time on the board.”

*From: Charity Commission /Charity trustee: what’s involved (CC3a)/:*

<https://www.gov.uk/guidance/charity-trustee-whats-involved#find-out-more-about-being-a-trustee>

### We are here to help



At One Community, we are always happy to offer direct, specific support and advice to you and your organisation, whenever you need it. Please contact Carol Grant (pictured), our Community Development Manager on 023 8090 2460

[cgrant@1community.org.uk](mailto:cgrant@1community.org.uk) with any queries about being a Trustee or governance issues such as constitutions, policies, safeguarding, funding.

**Be confident that if we don’t know the answers, we’ll know someone who does!**

Our topic this month:

When should charities refuse donations?

## Thanks but no thanks: when should charities refuse donations?

*From the Charity Commission*



Recent high-profile scandals have left many charity trustees wondering how to do the right thing when it comes to accepting certain donations.

Trustees have rightly been wanting to make sure that money does not come from sources that might compromise the charity’s reputation, independence and work.

Responsible trustees right across the sector will have been watching closely how others have managed difficult decisions in recent months, following concerns about the ethical implications of accepting money linked to sullied commercial brands or gala dinners that fell wide of the mark in terms of what is acceptable in the 21st century.

We seem to be moving beyond the days when fundraisers might have chased corporate giants doling out the biggest cheques without necessarily considering where the money came from.

Only hours after the Presidents Club Charitable Trust story broke, the sector was already alive with questions about whether charities should accept and/or return donations from the charity. And more recently, the Sackler Trust suspended all new charitable donations amid claims linking the family fortune to the opioid crisis in the US.

It’s clear that charities are being increasingly conscious of their purposes when considering these difficult judgements, weighing up concerns about how the funds were raised against the financial impact of

turning them down.

Thinking back to when I first became a trustee myself, this wasn't a mainstream concern; many charities saw maximising their short-term income for the cause as being straightforwardly in their best interests.

What we're seeing now suggests trustees are listening to an increasingly civic-minded and conscious public, and thinking about how they can best live their charity's values and stay true to their *raison d'être*. This shifting, more conscious approach to trusteeship is not to be knocked. It can be seen across a whole range of issues – from calls for further clarity around ethical investment policies, to charities acknowledging the need for transparency, admitting when projects have failed, and reporting to the Commission when things go wrong.

From where I stand, it seems that the sector is increasingly emboldened by its own values, not just in what it does, but also in how it acts and behaves.

As regulator, we welcome this. Charities are more than just a sum of their balance sheet and services they provide to a community. They belong to the public, and exist for the betterment of society, so it is right that they are considering what the public, their beneficiaries and volunteers think and feel about sensitive issues when making decisions about money. This dilemma, of course, doesn't just haunt large household-name charities taking donations from big-name donors. Small charities too face quandaries about whether to accept that £500 raised by a questionable local fundraising event or a local business director looking to rebrand after being dragged through the mud.

Trustees must be guided by what the law permits and the duties placed upon them. Whoever is sat around the board table wrestling with what is right for their charity, we as regulator want to help. We want to empower trustees to make decisions in their charity's best interests when confronted with these situations.

Our new strategy is about giving charities the tools they need to succeed, so we want to shed more light on this delicate but important issue.

Following revelations about the Presidents Club Charitable Trust, we acted quickly to publish [advice for charities about returning donations](#). This makes clear what trustees can and can't do, and where they may

need to seek advice.

## **More support for trustees**

Recognising this spirit of living your charity's values and the need for charities to be true to their purposes, we hope to expand on this and provide additional support for trustees around returning, accepting or refusing donations.

Considering whether to refuse a donation is a different question, legally, to considering whether to return a donation you have already accepted. We are committed to helping trustees think through these questions, better assess their options and understand where the Commission's authority may be needed. The Commission's starting point is that charities should normally accept donations and use them to further their purposes. We want to see charities flourish – and cash is always going to be critical to that.

We also understand that if you dig deep enough, every penny will have its baggage. We do not therefore generally expect trustees to refuse or return donations, though we understand that there may be some rare cases where trustees may wish to consider doing this.

None of this is to say that we have all the answers. Charities are, and always will be, independent. Trustees hold that important responsibility of delivering on their charitable mission and purpose, so it is right that trustees' decisions have weight and are independent of the regulator.

Donations can be used to further a charity's purposes, so the risks must normally be significant if they are to outweigh the value of the donation to the charity. But, ultimately, it's for trustees to determine and to be able to demonstrate what is right for their charity, providing this is within the limits of the law.

Nor, I should say, can we immunise trustees from wider criticism; feelings may well run high and well-made decisions can still be unpopular. But if a charity can demonstrate that its trustees have properly considered the options and acted honestly and reasonably in line with their powers and the legal framework, it should not be for the Commission to second-guess the decision trustees come to.

## **There are no easy answers**

While acknowledging that this is not easy, we want to equip charities with the information they need. We

want trustees to feel empowered to make informed decisions that are right for their charity. Often there won't be a right or a wrong answer, and different charities may legitimately come to different decisions.

Deciding to turn down money for a charitable cause that you believe in is never going to be easy – and it shouldn't be. Indeed, sometimes the law won't allow charities to refuse or return a donation without the Commission's authority. But we hope that in expanding on our expectations and the legal framework, we will be able to give trustees the confidence to face these situations smartly and without fear of their decision to accept or refuse a donation coming back to haunt them.

This will build on support already available, including our advice to charities that received money from the Presidents Club Charitable Trust, our Know Your Donor tool and fundraising guidance, as well as the Institute of Fundraising's practical guide to dealing with donations.

## Tell us what you want

We know that this clarification will be important for charities, so we want to ensure that the end product is useful and can easily be put into practice. Whether there is greatest need for a practical checklist, a new piece of published guidance, a legal policy document or something altogether new – we want to hear from those who will actually be using it.

We want this to be an open and collaborative approach so we welcome the views of trustees and other interested parties on what they would like to see from the tool. Anyone with an interest in this is encouraged to email

[guidanceandpractice@charitycommission.gov.uk](mailto:guidanceandpractice@charitycommission.gov.uk) to tell us what type of support they would benefit from.

Questions we have already had on this issue are a welcome signal that trustees are open to more on this, and are responding to changing public expectations as society moves forward. Charities can and should be a step ahead of other organisations in recognising that how they go about their work is as important as what they do.

If we are to preserve what is special and good about charity, we must work with trustees to help them navigate this moral maze.

This article was first published by [Governance and Leadership magazine](#) on 15 May 2019.

## A Message From the BBC Chairman & Director General



We are writing to you today to let you know about some important changes to TV licences for older people. First, we want to explain why these changes need to be made. Since 2000, all households with people over 75 have been entitled to a free TV licence. This

has been paid for by the Government, but in 2015 they announced that they would stop paying for it.

As a result, the current government scheme offering free TV licences for over 75s will come to an end next year. Instead, through an Act of Parliament, the Government gave the BBC the power to decide what happens next. Any new scheme would be decided on and funded, not by the Government, but by the BBC.

This means we have had to make a really important and difficult decision.

After June 2020, the cost of continuing with free licences for all over 75s would be £745 million a year and rising - which is around 20% of the BBC's budget. That is a huge amount of money. Were we to meet these costs, it would in practice mean the closures of BBC Two, BBC Four, the BBC News Channel, the BBC Scotland Channel and Radio 5live – in addition to a number of local radio stations and other cuts and reductions. We know that audiences really value what we provide on TV, Radio and online – all of which are paid for by the licence fee. And these changes would profoundly damage the BBC's ability to serve our audiences of all ages. On the other hand, we are fully aware that some older pensioners are in poverty and rely on their TV and the BBC for companionship.

We didn't want simply to abolish free licences for all older pensioners. We didn't think that would be fair on those who would find it hardest to pay. Nor did we think it right to continue with a scheme that mirrored the Government's, given the severe impact that would have on BBC services that are valued by everyone - old and young. We have therefore decided to introduce a new scheme. It is one that we believe represents the fairest possible outcome.

From June 2020, anyone aged 75 or over who receives Pension Credit will also be entitled to a free TV licence funded by the BBC. This will help the poorest pensioners who will continue to enjoy a free TV licence. It's important to stress that it is not the BBC who will

make any judgements about poverty – that measure is set and controlled by Government. As well as being fairest for the poorest pensioners, this scheme is also the fairest for all licence fee payers as it means everyone will continue to receive the best programmes and services that the BBC can provide.

This new scheme will cost the BBC around £250 million a year. This will mean we have to continue to find significant savings, but we are confident that we will be able to protect the funding for services the public tell us that they enjoy.

We want to make claiming the free licence simple and straightforward. Individuals will simply need to demonstrate their receipt of Pension Credit in order to qualify. If you're over 75 and currently get a free licence, you don't need to do anything yet. You will carry on being able to get a free licence until June 2020. TV Licensing will be in touch before then to tell you what you need to do. If you want to find out about our decision in more detail you can read all our documents [here](#).

Thank you for taking the time to read this. We have thought long and hard to arrive at the fairest possible decision for everyone. We are committed to ensuring we continue to give you a world-class BBC, not just today, but for tomorrow.

Yours

Sir David Clementi, BBC Chairman

Tony Hall, Director General of the BBC

## Two Surveys for Hampshire CAMHS



Hampshire Child and Adolescent Mental Health Services (CAMHS) is running two surveys that they would like your help with. Both are looking for information about how to make the Hampshire CAMHS website more accessible, relevant and useful to minority and

vulnerable groups, and their services more open to the LGBTQ+ YP (based on feedback from focus groups).

Here are the links to the surveys:

The BAME/Inclusion survey

<https://www.surveymonkey.co.uk/r/KQPQDC2>

The LGBTQ+ Survey

<https://www.surveymonkey.co.uk/r/5WDRXVK>

## UK CIVIL SOCIETY ALMANAC 2019 DATA. TRENDS. INSIGHTS.

### EXECUTIVE SUMMARY

**The total number of voluntary organisations remains relatively stable, but there is notable growth among bigger organisations**

There are 166,854 voluntary organisations in the UK. While total numbers have been relatively stable, the number of organisations with more than of £100m have grown from 45 to 51, accounting for 0.03% of organisations and for 22% of the sector's total income.

The majority of those organisations work on national or international level and are responsible for 30% of the sector's grant making. Despite the growth in bigger organisations, the voluntary sector is dominated by small organisations that operate locally. Eight in ten organisations have an income of less than £100,000.

**The public and government remain the largest income sources for the sector, however in 2016/17 overall growth was driven by grants and investments**

In 2016/17, the voluntary sector's economy continued to grow. Total income went up by 2% to £50.6bn, while spending and assets also increased. The public and government remain the largest income sources for voluntary organisations, but both of them plateaued. Growth in total income was instead due to increases in grants (£588.8m) and investments (£602.6m).

**The way in which the sector receives money from the public is showing signs of change**

The public remains the largest income source for the sector, accounting for 45% (£22.9bn) of its total income. For the first time in six years, there was a fall in earned income from the public, generated through fees paid for goods and services, membership subscriptions, sales from charity shops or fundraising events. At the same time, donations fell slightly by 2% from the previous year while legacies continued to rise.

**The amount of income from government remained stable but has fallen as a proportion**

Government remains the second largest income source totalling £15.8bn. Over the last four years the amount of income from government has remained fairly stable, but it has fallen as a proportion of total income. It made up 37% of the total income in 2009/10 but dropped to 31% in 2016/17.

**A good year for grant making**

In 2016/17, spending on grants grew by 5% to a new

# Information/Training

record high of £7bn. Over half (57%) of the money spent on grants stays within the voluntary sector, but notable amounts also go to individuals and other types of organisations like public sector bodies and universities. International development organisations receive by far the largest share (37%) of grant making from the sector.

## Net assets continued to grow marking a new record high

The sector's net assets grew by 4% to £131bn in 2016/17, marking a new record high. The continued growth is mainly a result of strong investment performance. Total liabilities were up by 12% reaching their highest levels with most of this due to rising pensions across organisations of all sizes.

## The voluntary sector workforce is highly educated and less likely to experience skills gaps

The number of people working in the voluntary sector fell slightly to the previous year, but has grown by 11% since 2010. In 2018, a total number of 865,916 people worked for voluntary organisations. More than half of the sector's workforce is educated to degree level or higher. At the same time, voluntary organisations reported the lowest incidence of skills gaps compared to organisations in other sectors.

## Volunteering rates are stable, but diversity remains an issue

Overall levels of volunteering have remained stable. More than one in five people volunteered at least once a month for a group, club or organisation. However, involvement varies for different backgrounds: formal volunteers are more likely to be older, well-educated and from higher socio-economic groups.

## The reach and impact of voluntary organisations is wide-ranging

Nine in ten UK households have accessed services provided by voluntary organisations at some point, with children and young people remaining the most common beneficiary group. In 2016/17, the sector contributed a total of £17.1bn to the UK economy, equivalent to the GDP of a small country such as Honduras. The value of volunteering was estimated at £23.9bn in 2016.

Supported by:



## BE PART OF A BIGGER STORY

### Try Shared Reading in Your Town



Shared Reading groups bring people together through great literature to talk, laugh and share.

Just drop in and enjoy listening to a story or poem – no pressure to talk or read.

Day and time: Every Tuesday 10am-11.30am  
Location: Westbury Manor Museum, 84 West Street, Fareham

Get in touch with [emma.banks@hampshireculturaltrust.org.uk](mailto:emma.banks@hampshireculturaltrust.org.uk) for more information.

MEET PEOPLE  
SHARE EXPERIENCES  
FEEL CONNECTED

Speak to us 0151 729 2200 | Email us info@thereader.org.uk | Find out more online www.thereader.org.uk | Connect with us #SharedReading




### Friends of Fareham Community Hospital

## Wednesday 10<sup>th</sup> July 2019

At the new time of 6.00 pm for 6.30 pm start

### Fareham Community Hospital

Brook Lane  
Sarisbury, Fareham, SO31 7DQ  
In the Tom Smith Room



# Steady As You Go

### Lessons in how to care for ourselves

## Mansi Shah

Will share her expertise and experiences as a  
Physiotherapist Team Leader

Specialising in  
Musculoskeletal and Sports related injuries

Mansi graduated from Mumbai University gaining a Masters in  
Musculoskeletal Orthopaedics, moving to the UK in 2010

Entry charge £5 per attendee  
Includes refreshments on entry; please pay on the door  
All proceeds go to Friends of Fareham Community Hospital funds  
Charity Registration No. 1144072





*Come and watch the acclaimed groundbreaking documentary film Resilience, and learn about Adverse Childhood Experiences (ACEs) and how they impact on childhood and into adulthood*

**EASTLEIGH venue with free car parking – WED 24 Jul 2019**

Registration from 9am. Start 9.30am, Finish time 11:45am

**FREE registration: email [aces@cisters.org.uk](mailto:aces@cisters.org.uk)**

Research into Adverse Childhood Experience (ACE) demonstrates a wake-up call that services need a radical re-design to provide improved early intervention.

Ten ACEs are identified in the international research:

- physical abuse
- sexual abuse
- emotional abuse
- neglect
- mental illness of a household member
- problematic drinking by a household member
- drug misuse by a household member
- divorce or separation of a parent
- domestic violence towards a parent
- imprisonment of a household member



"Resilience: The Biology of Stress and The Science of Hope" is a 60minute documentary and a short trailer can be viewed here

<https://vimeo.com/137282528>.

This event is being hosted by CIS'ters ([www.cisters.org.uk](http://www.cisters.org.uk)), as part of their 2019 awareness work-stream.

Supported by



Serving Hampshire, Isle of Wight, Portsmouth, Southampton



Resilience is also showing at Ashburton Hall, Hampshire County Council, Winchester on Friday 19 July 2019 – Morning Session Registration 9am. Start 9.30am. Finish time 1.30pm To apply for a FREE place email [aces@cisters.org.uk](mailto:aces@cisters.org.uk)

## Simon Says Bereavement Conference Creative Approaches to Supporting Bereaved Children and Young People



Child Bereavement Support

Chilworth Manor SO16 7PT

22 November, 9am-4pm

Refreshments available from 8.30am

Price: £75

Choose two workshops at registration from:

**A: EDUCATION: 'NORMALISING GRIEF'** Explores creative ways to teach children the skills to talk about death and bereavement and how to support peers (including lesson plans). Rosie Barber & Jan Grafton

**B: TEENAGERS GRIEF:** Supporting bereaved teenagers. Victoria Hussey

**C: TRAUMATIC GRIEF:** Supporting children and young people through traumatic events (such as suicide and murder). Debbie Field

**D: ARTS AS A BRIDGE TO RELATIONSHIP:**

Through a combination of case studies and experiential exercises Ellie will introduce you to a variety of powerful ways in which to support children and families to communicate about loss and grief. Ellie Baker

**E: CREATIVE APPROACHES TO SUPPORTING BEREAVED YOUNG CHILDREN:** A hands-on workshop exploring activities to help young children express and understand feelings associated with grief and death. Expect to use crayons, paper, scissors and more! Elke Thompson

PANEL OF EXPERTS TO ANSWER QUESTIONS

To book your space please go to the Eventbrite [Link](#)

## Family Approach Training Workshops Course Information

The overarching aim of these workshops is to launch the Hampshire, Isle of Wight, Portsmouth and Southampton Adults and Children's Family Approach Protocol and supporting practitioner toolkit.

The workshop will use information from the toolkit to support professionals from both children / adult sectors across the Pan Hampshire and Isle of Wight areas to understand how issues including Mental Health, Substance Misuse, Domestic Violence, Learning Disabilities and Neglect, affect all family members, including children (as well as unborn babies) and adults at risk as defined in the Care Act 2014.

Delegates will be given time to consider how the needs of children and / or adults living with hidden harm impact on the whole family, and the importance of early identification of these needs and effective communication between services is important in order to support those at risk and their families.

### Dates & Booking Information

The content of the workshops is the same in all locations and professionals from any agency operating in each of the four local authority areas are able to book onto any event for free. The workshop will run for between two to three hours.

Please see below for further details:

# Training

## Hampshire

19 June 2019 - AM session - Fareham

17 July 2019 - AM session - Winchester, Alresford

17 July 2019 - PM session - Winchester, Alresford

18 July 2019 - AM session - Test Valley, Andover

18 July 2019 - PM session - Test Valley, Andover

## One Community Training, Workshops and Information Service



**For further information about training, to discuss your needs or to book your place please contact**

**Rachel Webb 023 8090 2400**

**[info@1community.org.uk](mailto:info@1community.org.uk)**

**or click [here](#) to book online**

### LEVEL 2 FOOD SAFETY

**MONDAY 8 JULY 2019**

**9.30AM – 4.00PM**

**AT THE POINT, LEIGH ROAD, EASTLEIGH,  
SO50 9DE**

Tea, coffee and biscuits provided – please bring your own lunch

The aim of this course is to improve the food safety knowledge and skills of learners. By the end of the course learners will be able to:

- identify and state how to control microbiological, physical, chemical and allergenic hazards
- explain how to store, prepare and cook foods safely
- explain how to put personal hygiene systems into place
- explain the importance of food premises design, legal requirements and food safety management systems.

**Cost: *Free* for volunteers!**

### EMERGENCY FIRST AID AT WORK

**THURSDAY 11 JULY 2019, 9.30AM –**

**4.30PM**

Venue: Fareham Community Church, The King's Centre, 171-173 West Street, Fareham PO16 0EF

This one day training session will cover all aspects of Emergency First Aid at Work. At the end of the course learners will have demonstrated competence in basic life support skills and increased their awareness in managing a first aid incident in the workplace. A certificate of competence will be issued and is valid for three years.

**Cost: Voluntary Sector £70, Others £85 *Tea and coffee included in the price – please provide your own lunch***

### DIGITAL MEDIA FOR THE TERRIFIED

**MONDAY 15 JULY 2019, 10.00AM –**

**2.00PM**

Venue: Fareham Community Church, The King's Centre, 171-173 West Street, Fareham PO16 0EF

This course is ideal for beginners starting to use digital media to promote their organisation. The session will cover:

- de-mystifying digital media
- marketing tools
- channels to use
- digital strategy and planning
- opportunities for further learning.

**Cost: £28 *Tea and coffee included in the price – please provide your own lunch***

### DIGITAL MEDIA FOR THE TERRIFIED

**TUESDAY 16 JULY 2019, 10.00AM –**

**2.00PM**

Venue: The Point, Leigh Road, Eastleigh, SO50 9DE

This course is ideal for beginners starting to use digital media to promote their organisation. The session will cover:

- de-mystifying digital media
- marketing tools
- channels to use
- digital strategy and planning
- opportunities for further learning.

**Cost: £28 *Tea and coffee included in the price – please provide your own lunch***

**To discuss your training and funding needs, please contact our Community Development Team on 023 8090 2400 or [info@1community.org.uk](mailto:info@1community.org.uk)**

## **Ecclesiastical Movement for Good Awards**

Grants of £50,000 to support charity projects that are helping to make a real difference in their community. Open for applications 17 June, closes 17 July. Click [here](#) for more information.

## **Persimmon Community Champions**

Persimmon Community Champions funds good causes across the UK. Their charity match programme gives donations of up to £1,000 to local UK groups and charities, which have already raised vital funds themselves. Each of Persimmon's 29 businesses and their PLC head office are giving away up to £2000 each every month – that's £60,000 a month available to fund local community initiatives.

To apply you complete an online form. Click [here](#) for more information.

## **Positive Pathways Programme – Veterans Mental Health and Wellbeing Fund**

Grants of up to £70,000 are available to Armed Forces charities for projects and activities that support the mental health and wellbeing of veterans. Click [here](#) for more information.

## **Armed Forces Covenant Fund Trust – Veterans Community Centres Programme**

Capital grants of £30,000-£150,000 are available for Armed Forces charities to renovate or refurbish community halls used by veterans and their communities. Click [here](#) for more information.

## **DM Thomas Foundation for Young People – Central Grants**

Grants of up to £30,000 are available to UK registered charities that are working with young people (up to 25 years) for projects that make a real difference to those most in need and which focus on children and young people with disabilities, who are sick in hospital or who are life limited. Click [here](#) for more information.

## **HIWCF Grant Funding now available**

At: [www.hiwcf.com/grants/](http://www.hiwcf.com/grants/)

**Small Grants Small Items** provides grants of £250-£500 for one-off items or small items of expenditure which will benefit the local community in Hampshire, Portsmouth and Southampton. Eligible items include a

new cooker for a luncheon club, sports equipment for youth clubs, or hall hire for groups that meet regularly.

**Better Start** provides grants of £1,000-£5,000, for projects in Hampshire, Portsmouth and Southampton that help tackle childhood poverty for those aged up to 21 years old (up to 25 for disabled young people). Acceptable projects include those helping children with access to a nutritious meal, projects that help build family resilience, projects that support a move into education, training or employment and projects that support issues related to mental health.

**Businesses Supporting Older People** awards grants of £500 to Hampshire groups whose members are over 65 years of age, to increase participation in community activities such as bowling clubs, coffee mornings, exercise clubs, luncheon clubs, trips and projects. The fund aims to reduce isolation and loneliness amongst older people.

**Montagu Neville Durnford and Saint Leo Cawthran Memorial Trust** provides grants of up to 5,000 to Portsmouth organisations, with a preference to support those aged over 50, particularly with links to the Naval services. Projects focusing on helping those with disabilities or struggling with poverty and disadvantage will be considered, together with those encouraging community development and social inclusion.

### **#iwill**

#iwill awards grants of £1,000-£5,000 across Hampshire, Portsmouth, Southampton and Isle of Wight, encouraging young people aged between 10 and 20 (up to 25 for disabled young people) to lead change and make a positive contribution to their communities, particularly in less affluent areas. Grants should deliver opportunities for young people to get involved in campaigning, fundraising and volunteering, all of which enable participants to make a positive difference in their local area.

## **EVENTS**

### **Summer Days at St Peter's Church, Titchfield**

Tuesday 23 to Saturday 31 July Mon-Sat 10:00-16:00;  
Sun 14:00-16:00

[office@stpeterstitchfield.org.uk](mailto:office@stpeterstitchfield.org.uk) or 01329 847003

A varied programme of musical items, demonstrations of art and craft activities, some guided tours, videos and information about the heritage church.






# Summer

## Volunteer and Community Opportunities Fair

9am - 3pm  
Friday July 12th 2019

**FREE**

**Support, advice and information on volunteering and community opportunities in Fareham.**

**ALONG WEST STREET  
PEDESTRIAN AREA**

[hhamlett@1community.org.uk](mailto:hhamlett@1community.org.uk) TEL: 07702 802 555

Registered Charity 1052978 Company Limited by Guarantee 3132524

## New consultation for future development in Fareham



Local Plan Update | June 2019

# Fareham TODAY

HAVE YOUR SAY ON FUTURE DEVELOPMENT IN FAREHAM

**DEADLINE 26 JULY**

FAREHAM BOROUGH COUNCIL

Residents in Fareham are being encouraged to have their say on future development in Fareham. A special Fareham Today is available on the Council's website outlining issues and options for its emerging Local Plan. The consultation will run from Monday 10 June until 23:59 on Friday 26 July.

## Surviving the Stone-Age



Family friendly exhibition at Westbury Manor Museum, Fareham, with lots of hands on

activities, 13 July-17 September. Click [here](#) for further information.

Your Network: Send submissions for inclusion in Network to Julia Allan: [jallan@1community.org.uk](mailto:jallan@1community.org.uk) by the middle of the month.



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