

Out and About This Summer



We love to get out and about to talk to local people about volunteering and how we can support their voluntary and community groups. Pictured above are friend to One Community Kari Pratt, Tesco Fareham's Community Champion, and One Community volunteer John Meaghan at an awareness raising stand in Fareham Shopping Centre on Monday 20 August.

Pictured right is our newest recruit, Luna, who came to lend a paw at the One Community stand at Portchester Village Fete on Saturday 18 August, where staff and volunteers chatted to lots of visitors.

We're out again in force, with lots of other organisations recruiting volunteers, at our Turn Over a New Leaf event on Friday 5 October, 9am-3pm, in Fareham Shopping Centre by B&M store.



One Community News



September is going to be a busy month for us, our 40th Anniversary exhibition - The First 40 Years - opens on 15 September

at Eastleigh Museum, on 17 September our Chairman formally accepts the Queen's Award for Voluntary Service from the Lord Lieutenant and 18 September is our AGM, which I hope many of you will come along to and join us for 40th Birthday Cake.

Another important date for your diary, if you look after the volunteers in your organisation, is our new Volunteer Managers' Forum on Thursday 20 September at Fareham Masonic Hall, 10am-12 noon - full details on page 3. Our Community Buildings Network - if you look after a community building - meets next on 26 September the Broadlaw Centre, 10am-12 noon - see page 4 for details.

However, as always, we are never too busy to take on new ideas, meet new challenges and get on with our day job of supporting the voluntary and community groups in our area.

Having spent many hours looking at old news cuttings and old annual reports from the last 40 years (they used to be very formal and few pictures – today we have a pictorial Impact Report and an Infogram!)

We are still offering advice and information, it is just that the topics have changed. We used to talk about getting a licence for a raffle, now it is about GDPR. Paid staff were few and clients maybe had just one issue, not several as today.

But groups still need volunteers and thankfully people still want to help, whatever their reason – to give something back, learn a new skill, make new friends – all are good reasons and we really enjoy brokering that deal.

I often say that if everyone just does a little it soon turns into a lot of effort, and importantly it should be its own reward. It's great to be able to hold your head high and say: "I Volunteer!"

See you soon.

Jean Roberts-Jones
Chief Executive

Our New Digital Marketing Assistant



We are pleased to introduce our new Digital Marketing Assistant, Jenni Beavis-Lacey, pictured above with her assistance dog LBE, who we are also delighted to welcome to the team.

Jenni's job is to look after writing and putting things up on our website and social media platforms. She is also available to advise on your website/social media issues. Contact Jenni on jbevislacey@1community.org.uk.

Goodbye to Tiffany



This month we say farewell to Tiffany Burton, who has been working in the Volunteer Centre for over five years. We shall all miss her but we are very excited for her as she takes up her studies at Winchester University.

Good luck Tiffany!

Green Tips

There are a few things we can all do to have a positive impact on the planet, to avoid waste, conserve resources and fight climate change. Here's our monthly tip from our environmental friend:



Before packing away your summer clothes, go through them and think about which items to keep for next year, which items you could repurpose into something else (eg cleaning rags, craft projects, etc) and which to donate to a charity shop or someone else likely to get more wear out of it.

One Community AGM 2018, Tuesday 18 September at 2pm



One Community's 40th Annual General Meeting will be held at The Point, Leigh Road, Eastleigh SO50 9DE.

Our presentations will look back over those 40 years, as well as looking forward to the next. Keep the date!

To book your place call **023 8090 2400** or email **info@1community.org.uk**



Fareham Volunteer Managers' Forum

Managers' Forum

Thursday September 20th 10am – Noon

Followed by optional networking lunch till 1pm

Bring your own lunch - Tea/Coffee available for small charge

Fareham Masonic Hall, 34 Queens Road Fareham PO16 0NN

If you coordinate or manage volunteers then you are welcome to join our forum. Many areas of discussion are planned and your input will be valuable, there will also be time to gain peer support and network. One Community is launching the FVMF to enhance partnership working across the Borough of Fareham, become part of that partnership and future vision.

Book your space now to avoid disappointment

hhamlett@1community.org.uk

Tel: 07702 802 555

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Welcome to Our Brand New Forum

If you look after the volunteers in your organisation - whether you are a paid member of staff or a volunteer yourself - then the Fareham Volunteer Managers' Forum is for you - see flyer left.

It's all about meeting up with people who face the same challenges and issues as you and about sharing good ideas and learning from each other.

We look forward to seeing you there.

Book your place now!

One Community News/Information



'Turn over a new leaf'
Volunteering Opportunities Event
Fareham Shopping Centre by B&M
Friday October 5th 2018
9am-3pm
Come along and talk to local organisations who are currently looking for volunteers
Talk to each stand and get Free Cake courtesy of **TESCO FAREHAM**
www.1community.org.uk volunteer@1community.org.uk
Tel: 0770 280 2556
Registered Charity Number 1052978 Registered in England as a company limited by guarantee Registered number 3132524

Vision for Ferneham Hall

Fareham Borough Council has launched a consultation about a new entertainment venue to replace Ferneham Hall.

Pop up exhibitions

You can talk directly to officers at the following pop up exhibitions:

- Ferneham Hall, Fareham, Tuesday 4 September 2018 4-7pm
- Fareham Shopping Centre, Fareham, Tuesday 18 September 2018 12-2pm
- Portchester Village Centre, Portchester, Wednesday 19 September 2018 9am-12pm

Surveys

If you are a group who hires venues you may be interested in completing the [Industry survey](#) on the proposals.

As a Fareham Borough resident you may like to complete the [Resident survey](#)

The surveys are running to the end of October and paper copies are also available.

Vision Webpage

There is a dedicated Vision webpage www.fareham.gov.uk/fhvision on the Council's website.



Fareham Community Buildings Network

Do you run a community building in Fareham?

Trustees and Centre Managers are invited to join the Fareham Community Buildings Network.

The Network meets quarterly to provide an opportunity for those involved in running community buildings to share ideas and experiences in a friendly, supportive environment.

Our next meeting is planned for:

10.00am—12.00pm, Wednesday 26 September 2018

**Broadlaw Community Centre, 1 Lion Place,
Bishopsfield Road, Fareham, PO14 1FE.**

Following on from our last Network meeting, areas for discussion will include:

- risk assessment for stage productions and events
- training opportunities
- networking.



Funding Regulator Launches New Website



The Fundraising Regulator has launched a new [website](#) as it publishes its second annual review.

According to NAVCA, the site has been restructured with small charities and the public in mind to make navigating a large amount of information much easier. Fifteen new fundraising [topics](#) have been created to provide bite-sized information on specific areas of interest with links to relevant sections of the Fundraising Code.

The structure, layout and accessibility of the [Fundraising Code](#) is currently being reviewed and redrafted in plain English. A consultation to support this process will take place in September.

You can also check out a new [blog](#) post which explains a little more about the new website. The regulator looks forward to receiving feedback so it can continue to make information easily accessible to the sector. [Contact them via the website](#) or [Twitter](#).

Governance Guidance

If you are an **Organiser or a Committee Member** then you are most likely a **Trustee** for your organisation and you should be aware of your responsibilities and requirements. At One Community we realise the complexities of your roles and this regular column is designed to support you with this.

“Trustees have overall control of a charity and are responsible for making sure it’s doing what it was set up to do. They may be known by other titles, such as: **Directors, Board Members, Governors, Committee Members.**

Whatever they are called, trustees are the people who lead the charity and decide how it is run. Being a trustee means making decisions that will impact on people’s lives. Depending on what the charity does, you will be making a difference to your local community or to society as a whole.

Trustees use their skills and experience to support their charities, helping them achieve their aims. Trustees also often learn new skills during their time on the board.”

From: Charity Commission /Charity trustee: what’s involved (CC3a)/:

<https://www.gov.uk/guidance/charity-trustee-whats-involved#find-out-more-about-being-a-trustee>



We are here to help

At One Community, we are always happy to offer direct, specific support and advice to you and your organisation, whenever you need it. Please contact Carol Grant (pictured), our Community Development Manager on 023 8090 2460 cgrant@1community.org.uk

with any queries about being a

Trustee or governance issues such as constitutions, policies, safeguarding, funding.

Be confident that if we don’t know the answers, we’ll know someone who does!

Topic this month:

Top tips on Insurance for your organisation

Top Tips on Insurance for Your Organisation

Tip 1: Regularly review your policies

Businesses change over time. Your policies may cover risks that no longer exist. Does your company still hold insurance for assets that are no longer a part of your business? **Regularly review the insurance policies held by your business** to make sure you have the most appropriate cover and reduce what you pay to protect it.

Tip 2: Adopt and Maintain a Safety Plan

A safety plan can help you eliminate hazards that can lead to accidents, injuries and lawsuits. **Review your plan annually and evaluate its results;** a good safety program can help you diminish losses, lower any compensation due and reduce general liability premiums.

Tip 3: Classify Employees or Volunteers Correctly

The rates charged for employers liability coverage may vary widely from one classification to another. Thus, it is important to ensure your employees or volunteers are classified correctly. Otherwise, you may pay more than you should for insurance. There are many industries with high instances of worker injury, and if you or your employees are inadvertently placed in these categories, **you may find yourself paying unnecessarily high premiums.**

Tip 4: Buy sufficient coverage

Get too much coverage, and you’re paying for something you’ll never use, but too little coverage could leave you with gaps in coverage that leave you needlessly exposed. **Take your time and do business with someone you trust and who has great references.**

Tip 5: Train Your Staff and Volunteers

Staff and Volunteers need training to ensure they can perform their jobs properly. Well-trained people are less likely to sustain on-the-job injuries or injure someone else.

Thanks to Noyce Insurance

Job Vacancy - Community Hub Manager Portchester Community Association

Are you an outgoing, dynamic and approachable people person who has a commitment to community-run services? We're looking for someone who is passionate about community issues and who will be able to take our community hub forward.

You will need to be an energetic and self-motivated individual to take on this exciting opportunity, having a key role in the development of the Portchester Hub a vibrant, well managed facility for local residents. You will be applying community development values and practices to strengthen and empower the local community.

Responsibilities include:

- Day to day running of Community Hub
- Co-ordination of volunteers
- Ensuring the delivery of existing community activities and events.
- Ensuring policies and procedures are adhered to
- Working closely with the Board of Trustees, local statutory and voluntary sector partners.

Some experience of fundraising and events management would be useful.

Hours: Flexible 16 hours per week

Location: Portchester, Hampshire.

Salary: £19,500 - £22,425 pro rata. £11.50 per hour.

About the Charity:

Portchester Community Association (PCA) is an independent charitable membership organisation providing activities, facilities and services to local people. Founded in 1962, PCA runs many member-led groups (known as Sections), organises events and works in partnership with local agencies to address community needs. Activities include arts, sports, IT, pre-school, children and family services, adult and community learning and services for older people. PCA also organises the Portchester Gala and the Precinct Christmas tree and lights

Closing date for applications: 7 September 2018

How to Apply:

Apply with CV to manager@portchesterca.org.uk. Suitable candidates will be sent job application pack to complete.

One Community Training, Workshops and Information Service



EMERGENCY FIRST AID AT WORK MONDAY 10 SEPTEMBER 2018, 9.30AM – 4.30PM

This one day training session will cover all aspects of Emergency First Aid at Work. At the end of the course learners will have demonstrated competence in basic life support skills and increased their awareness in managing a first aid incident in the workplace. A certificate of competence will be issued and is valid for three years.

Cost: Voluntary Sector £70, Others £85 *Tea and coffee included in the price – please provide your own lunch*
Venue: Titchfield Community Centre, Mill Street, Titchfield, Fareham, PO14 4AB

DYSPHAGIA FRIDAY 14 SEPTEMBER, 9.30AM – 12.30PM

This course is aimed at health and social care workers and healthcare professionals with a responsibility to provide care or support to people who suffer from dysphagia. It will give the care worker the knowledge and understanding to recognise the different signs, symptoms and complications of dysphagia and the skills required to deal with a choking emergency and to provide ongoing after care.

On successful completion of the course learners will be qualified to:

- operate within the legal boundaries with regard to caring for people who have dysphagia
- recognise the signs, symptoms and complications of dysphagia
- recognise the causes of dysphagia
- practise treatments and follow care planning
- deal with a choking incident
- understand how to comply with company policy and procedure.

Cost: Voluntary Sector £55, Others £65

Venue: One Community, 16 Romsey Road Eastleigh

SO50 9AL

FUNDRAISING THROUGH TRADING THURSDAY 4 OCTOBER, 9.30AM – 12.30PM

Achieve both financial and social return

- Legal structures
- Pros and cons of trading
- What is 'trading'?
- Some myths about trading
- Why you should consider trading
- Charity Commission guidance on trading
- How to start
- Some examples
- Where to get help

Cost: free (donations welcome for refreshments)

Venue: One Community, 16 Romsey Road. Eastleigh
SO50 9AL

EMERGENCY FIRST AID AT WORK WEDNESDAY 31 OCTOBER 2018, 9.30AM – 4.30PM

This one day training session will cover all aspects of Emergency First Aid at Work. At the end of the course learners will have demonstrated competence in basic life support skills and increased their awareness in managing a first aid incident in the workplace. A certificate of competence will be issued and is valid for three years.

Cost: Voluntary Sector £70, Others £85 *Tea and coffee included in the price – please provide your own lunch*

Venue: One Community, 16 Romsey Road Eastleigh
SO50 9AL

FUNDING

Now's The Time

Now's the Time, the second programme from the Justice and Equality Fund, is open for applications and aims to amplify the voices of individuals and groups who are calling for an end to sexual harassment and abuse, in their workplaces and in their communities.

The fund aims to resource imaginative, collaborative and creative grassroots activism so they are asking organisations to apply by answering the question: ***What would you do towards ending sexual harassment (in work places and in communities)?*** They want to fund: prevention work,

awareness raising activities, imaginative and creative grassroots activism, influencing work, work with groups and communities who might face additional barriers to getting their voices heard, or might be at higher risk of sexual harassment and abuse to amplify those voices, work that tries out new ideas, work that replicates tried and tested approaches in new settings, work that others can learn from.

They are particularly keen to see cross-sector partnerships where the expertise of specialist voluntary sector organisations at the forefront of this work is shared with others to help drive broader change. Organisations can apply for up to £25,000.

All applications must be submitted by Thursday 27th September. To apply or to find out more about Now's the Time click [here](#)

Comic Relief Safe Place To Be

Funding is available to organisations, partnerships and consortia working to prevent homelessness and shelter insecurity in the following countries: UK, India, South Africa, Zambia and Nigeria. Further information [here](#)



PROFESSIONALS CONFERENCE

Learn useful strategies and techniques to support a young person with eating difficulties, body image and self-esteem difficulties. Suitable for education, social care and health professionals.

Keynote speaker: Caroline Price, chair of BEAT, the UK's eating disorders charity.

Cost: £75 per person to include lunch and refreshments

Wednesday 10 October
Hope Church, Winchester, 9am - 5pm

Book at bit.ly/2HvVW9a



Events

Health Summit

Friday 14 September, 18:30-20:00

Fareham Community Church

171-173 West Street, Fareham PO16 0EF

18:30-20:00

Tickets must be booked in advance:

<https://www.eventbrite.co.uk/e/health-summit-tickets-47259033040>

Contact: suella@suella.braverman.co.uk
or 01329 233573

Suella Braverman, Member of Parliament for Fareham, is holding a meeting for Fareham residents to learn more about our healthcare. The Health Summit will give local residents the opportunity to ask questions to a panel of senior level staff from the various health organisations. The Health Summit will give you the opportunity to ask your pressing healthcare questions.

Organisations invited include:

- Portsmouth Hospitals NHS Trust
- University Hospital Southampton NHS Foundation Trust
- Fareham Community Hospital
- Fareham & Gosport Clinical Commissioning Group
- Better Local Care
- Hampshire County Council Adult Health & Care
- Southern Health NHS Foundation Trust

HODS: Fareham Women's Suffrage Centenary Celebration Exhibition

6-15 September, 10am-5pm Mon-Sat

Westbury Manor Museum

West Street, Fareham PO16 0JJ



Westbury Manor commemorates the 1918 Representation Of The People Act which gave the vote to certain categories of women over the age of 30 through a look at the Suffrage Movement in Fareham.

This exhibition explores the background to the movement and the role local Fareham people played in the debates and protests; bringing to life some fascinating characters. The museum is also looking for your stories – was your (great) grandmother a suffragette? Would you be willing to share your stories with them?

Fareham Art Group Exhibition

Monday 24 to Saturday 29 September

Ferneham Hall, Osborn Road, Fareham PO16 7DB

09:30 - 17:00, free admission



Your Network

Send submissions for inclusion in Network to Julia Allan: jallan@1community.org.uk by the middle of the month.



Please follow us on Twitter, LinkedIn & Facebook

Produced by One Community, 16 Romsey Road, Eastleigh SO50 9AL

Tel 023 8090 2400 www.1community.org.uk info@1community.org.uk

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