

# Volunteering Matters

Fareham  
April 2021



One  
Community  
together we make a difference



The Queen's Award  
for Voluntary Service

**V**olunteering Matters provides a monthly round up of volunteering opportunities in the local area, provided by Volunteer Centre One Community. We have been in Fareham Shopping Centre for 3 years. We specialise in finding you the right kind of volunteering experience and although this currently looks different, we are still working to support you on your journey. We find many people volunteering roles they enjoy, roles they can get excited about each morning and roles in some cases that have led to paid work or a change in career. If you have recently found yourself out of work or with more time on your hands, we can offer different opportunities for you to choose from, all of which will make you feel involved, valued and of benefit to your chosen organisation. As a Volunteer Centre, we normally meet with you, to discuss your interests, time available and where you want to volunteer. Please contact us if this is something you would like to do: Tel: 01329 239 934 email: [volunteer@1community.org.uk](mailto:volunteer@1community.org.uk) or go to the website <https://doit.life/> to find all our volunteering opportunities online.



**Fareham Information Centre reopens.** We will be reopening our unit on Monday 12 April at 10am, along with many other shops in Fareham Shopping Centre. Ours is opposite Millets. We are really excited to be able to start welcoming some of our volunteers back, who haven't been able to volunteer for over a year! Many of our Fareham Information Centre Volunteers have been isolated so there are many cuppas to catch up with and news to swap.



**Portchester Community Centre** is looking forward to welcoming volunteers who would like to add value to the experience of their little learners. There are three opportunities:

1. Generations Pre-School; based at Castle Street - Generations is linked with the Adult (older people) Day care centre.
  2. Portchester Day Nursery - Main nursery for 2 year olds until school age (Based at Portchester School, White Hart Lane)
  3. Portchester Day Nursery - Baby centre for 3 months to 2 years (Based at Portchester School)
- Volunteers will be asked to assist with tasks based on their own interests and skill sets such as reading, gardening, assisting Early Years staff with drop off and collection of children, lunchtime assistance with hand washing and good food practices, helping put together activities, helping Early Years staff to re-invent rooms and experiences. Volunteers do not need to have experience or qualifications, but are required to follow a safer recruitment process and references and DBS checks will be necessary. Both sites are accessible, and the garden at Generations has been designed to be fully accessible.



## Home-Start Hampshire

### Community Team Volunteers and Ambassadors are required by

Home-Start Hampshire. A voluntary organisation committed to promoting the welfare of families with children aged 0-11 years.

**Family Support Volunteers** offer regular support and help to families under stress either in their own homes or at family groups, helping to prevent family crisis and breakdown, because childhood can't wait. In addition to Family Support Volunteers, Home-Start also relies on the support of the **Community Team** and **Ambassadors**, a group of volunteers committed to raising awareness throughout the communities they serve and fundraising to support the sustainability of the organisation.

The main purposes of the roles include working in the local community to raise awareness of Home-Start Hampshire and its work, raise much needed funds and help to build and strengthen community relations. Also to arrange, attend and give talks to local groups, sharing information about Home-Start Hampshire, and to attend pre-arranged events e.g. recruitment fairs, summer fetes, Christmas fairs and support the Business Development team to identify and apply for local grants and trusts funding opportunities.



## Volunteers for PALS Project with One Community



The University of Southampton (PALS Team) is running a project in partnership with One Community and we are looking for people to help us. We want to understand what happens when you feel

more connected to people and to what is going on in your local area. Taking part in the project will only take up a couple of hours of your time and this can happen over the phone, so you will not need to leave your home or have anyone come into your home. Making connections does not mean you will be expected to attend groups.

We will be completing health and wellbeing questionnaires with you over the telephone.

You will receive a £10 voucher for taking part to thank you for your time. If you would like to take part or would like more information, please call Hayley (One Community): 023 8090 2400

## WHAT CAN I DO WHEN LOCKDOWN LIFTS?



A wider range of volunteering opportunities will come back. There will be services crying out for you to join them. We urge you to start thinking now about the kind of thing you would like to do, we can help you with

ideas. There is going to be so much choice, get registered with us now and get involved with your community

[volunteer@1community.org.uk](mailto:volunteer@1community.org.uk)

For further information  
023 8090 2458

Find all our opportunities  
on [www.do-it.org](http://www.do-it.org)

One Community  
Information Centre  
55 Osborn Mall  
Fareham Shopping Centre

Email  
[volunteer@1community.org.uk](mailto:volunteer@1community.org.uk)

Website  
[www.1community.org.uk](http://www.1community.org.uk)

Registered charity number  
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Volunteer Centre

One Community

Funded in Fareham by  
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FAREHAM  
BOROUGH COUNCIL

Fareham Edition