

Volunteering Matters

Fareham
January 2021



One
Community
together we make a difference



The Queen's Award
for Voluntary Service

Volunteering Matters provides a monthly round up of volunteering opportunities in the local area, provided by Volunteer Centre One Community. We are over joyed to have been in Fareham Shopping Centre for 3 years on September 16th. **Happy Birthday us!** During this time we have found many people volunteering roles they enjoy, roles they can get excited about each morning and roles in some cases that have led to paid work or a change in career. If you have recently found yourself out of work or with more time on your hands we can offer different opportunities for you to choose from, all of which will make you feel involved, valued and of benefit to your chosen organisation. As a volunteer centre, we meet with you, discuss your interests, time available and where you want to volunteer. This publication features only a few of the roles available, contact us or pop in and have a chat. We are here for you on the start of this interesting journey **Tel: 01329 239 934** volunteer@1community.org.uk or go to the website www.do-it.org to find all our volunteering opportunities online.

Titchfield Festival Theatre

Titchfield Festival Theatre is looking forward to being able to hold performances again in 2021. Volunteers are needed for all manner of roles. There are non-performance roles on offer such as box office, cleaning, tidying, preparing the theatre, operating the bar and much more. Space is offered for private hire as well as performances, so there is always something happening.

**TITCHFIELD
FESTIVAL
THEATRE**



HAMPSHIRE
CULTURAL
TRUST

Westbury Manor Museum

There is an opportunity for a front of house volunteer at Westbury Manor Museum in Fareham's West Street. Volunteers will work in the café/shop greeting visitors on arrival, ensuring high

standards of presentation, serving customers and assisting with stock management. The aim is for visitors to have an enjoyable and interesting visit to Westbury Manor, whether they're visiting the exhibitions and events, popping in the shop for a gift, or enjoying a relaxing cup of tea or coffee in the café.

Westbury Manor Museum is a beautiful building in the heart of Fareham with a shop, café, resources room and exhibition space set in a stunning walled garden.

Volunteer Centre Outreach

Usually we are out in the community. Meeting many of you. Sadly this cannot happen at the moment. However as soon as it is safe to do so, we will return to our regular library visits.



Shop Volunteer

Autism Hampshire offers direct services to over 200 individuals on the autism spectrum each year as well as providing community access support to around 100 families. Their portfolio of services now includes a Life Skills College, residential care homes, an Adult Day Service, Domiciliary Care, Supported Living projects, University Study Support and a Community Access Team offering signposting and life changing advice on matters such as education and employment. Autism Hampshire opened their Fareham charity shop in November 2019, to raise funds for this essential charity. The secret to the success of their shop is the volunteers. The charity invests in their volunteers and encourages them to shine in the areas they enjoy. Whether this is serving customers, finding hidden gems in donations, seeing potential in the smallest of item or doing eye catching displays.

Volunteers work a shift or two a week, supporting the manager when and where they need it and ensuring the customers find a bargain and feel welcome.

This role would suit someone who likes being in a small friendly team working together for the same goal. They operate a rota and ask volunteers to commit to a regular time slot, morning or afternoon, Monday to Sunday. Volunteers are given support and training by Autism Hampshire.



Friday Night Club

FNC hosts a range of affordable activities for individuals with learning disabilities or mental health issues to socialise and learn key life skills. Activities are held within the Fareham area on various days of the week.

Being a Friday Night Club volunteer is extremely varied. Do you like archery, serving drinks, assisting with or facilitating an activity? Helping with administration? Or maybe you'd like to become a trustee, or just support the whole team in some way? Sessions are held throughout the week in Knowle Haven or Wallington Village Hall.



Naomi House

Naomi House & Jacksplace hospices provide expert hospice care to life limited and life threatened children, young adults and their extended families from Hampshire, Wiltshire, Dorset, Berkshire, West Sussex, Surrey and the Isle of Wight.

Naomi House shop raises money to keep this vital charity running. A Shop Volunteer is required for the Fareham store with duties including steaming, tidying, cleaning and rotating stock. Shifts are between 9am-5pm, split shifts are available.



Volunteer Caretakers for Private Woodland

Hidden away in Old Bursledon is a private woodland protected by Nature England. This stunning area is rich with trees and wildlife. Not accessible to the general public, it is very quiet and offers volunteers total escapism. Volunteer Caretakers are needed to keep the laurel under control and do some light maintenance. All tools provided and a flexible commitment is possible.



Help Needed for Community Centres



Community centres and buildings across Fareham are in desperate need of your help. Many of them have been closed for some time and have lost considerable income. They do however all have one thing in

common, they all rely on volunteers. Did you know your local community centre may or may not own their building? Did you know that without a volunteer group running that community centre, it would have to close. Many people don't understand that being on a committee or a being a trustee of a centre ensures it is there for many residents to use. In some cases they are vital venues for small local business such as yoga, playschools and clubs who all need local, affordable space. We must encourage people to look local and help look

after these important buildings for our community. If you have a few hours a month, could you join a group? It doesn't always mean masses of hours of work and lots of meetings. However it does mean you're making a huge difference with your time.

Fareham and Gosport Basics Bank

Fareham & Gosport Basics

Bank reopened in

September 2020 feeding

those most vulnerable in

Fareham. You can help

them in many ways.

Can you volunteer to collect

food from neighbours/work

colleagues and friends and

bring it in to our One

Community Information Centre for them to

collect?



They need donations of basics - see the shopping list to the left.

Maybe you would like to help them directly support Fareham people in need? Can you do a session a week? This would include providing food parcels, making deliveries and serving people during their open hours. This is a

rewarding team role in a busy environment. Some lifting may be needed.

Fareham Community Link

Volunteers are required for Well-being Wednesday. This opportunity is about everything to do with

enhancing well-being. This includes many activities for all interests. The

aim is to encourage adults with learning difficulties to take part in activities such as aerobics, skittles, curling, yoga, table top activities for mindfulness and more. Volunteers are key to this fun and busy session, held in the centre of Fareham on a Wednesday 10.45am - 14.30pm. Volunteers need to be able to help, support and encourage even reluctant people to have a go. Support them in joining in and have fun. Share the laughter, and be there as a confidence booster for group members.



Portchester Community Centre

It's great news that community centres are starting to reopen, though still with some restrictions.

Portchester Community

Centre is no exception. They

can now open to some groups

and are starting to plan the restart of some of their key community activities. They need to fill the following roles to restart some of these much needed community activities:



Lunch club Mondays are special at the Portchester Community Centre, it's the time when local, lonely, isolated people can visit the lunch club. Very successfully run, the lunch club provides a specially planned meal for approximately 30 people. In most cases these 30 local people won't have seen anyone since the last meal. Being the cook is a highly rewarding task, you would be much appreciated. It's not yet clear when the lunch club will be able to reopen, but the first step is to ensure that there is a cook in place. This role would suit someone who is friendly and can work as part of a team and who is passionate about hospitality and care. The time commitment for this role is from 10am - 1.30pm every Monday. Training in food hygiene can be provided.

Thursday morning baby group This volunteer role involves setting up for, and packing away after, the baby group, as well as serving refreshments and snacks. They are looking for a volunteer who enjoys working with young children and their parents. Another pair of hands to help set up and pack away as well as supporting the smooth running of the club would be really appreciated. This is a rewarding, fun role for someone who likes working as part of a team.

Help a local group with social media or their webpage

One Community can point you in the direction of many voluntary groups that would appreciate some help getting their website up to scratch, or helping them to make the best use of social media. You'll need access to a computer and experience of website design or designing a social media campaign. If you've got a bit of extra time on your hands at the moment, they'd love to hear from you.

Canine Partners Puppy Parent

Canine Partners transforms the lives of people with physical disabilities by partnering them with assistance dogs.

The amazing dogs bring a greater independence and quality of life to their partners, offering security, companionship, and practical help with everyday household tasks. Canine Partners needs puppy parents who can help provide a home for, and train their puppies, from eight weeks old until they are fourteen months old, when they will be ready to start their advanced training at one of the training centres.

Being a puppy parent is a highly rewarding, challenging but fun opportunity. Volunteers experience all the joys and challenges of having a new puppy in the home, helping the puppy to learn how to behave by taking verbal and visual cues.

Full training is given and you will need to commit to follow all Canine Partner guidelines.



Hampshire Conservation Volunteers



HCV are out most weekends carrying out practical conservation work for landowners such as Hampshire Wildlife Trust and Butterfly Conservation. No prior experience is needed as full training will be given on the task. You will need to have your own transport, as some tasks

are in remote locations, and a reasonable degree of physical fitness. Have fun looking after the local environment, make new friends and improve your fitness at the same time!

Citizens Advice Fareham Remote Advisors

How the world has changed, making many services rethink how they operate, one being Citizens Advice Fareham. They are currently in desperate need of some new advisors. New Volunteers would need to be willing to do their fascinating online training, in order to provide support to the public via the phone, email or webchat. Volunteers can do this either from their own homes or from the office in Fareham, for one day a week. However due to social distancing measures the office is not currently open to the public. Citizens Advice Fareham would like to interview volunteers via Zoom or similar as soon as possible and then provide them with the link to the training, in the hope they would be recruited as soon as possible. This role really does give you a training to enhance your career path and would be ideal for anyone looking to support and help their local community during troubled times.



For further information
023 8090 2458

Find all our opportunities
on www.do-it.org

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Information Centre
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Fareham Shopping Centre

Email
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Website
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Registered charity number
1052978

Company limited by guarantee
3132524

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One Community
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FAREHAM
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