

Volunteering Matters

Fareham

March 2020



One
Community
together we make a difference



The Queen's Award
for Voluntary Service

Volunteering Matters provides a monthly round up of volunteering opportunities in the local area, provided by Volunteer Centre One Community. These are only a few of the many available, and we are here to help you find a role to suit you. To find out more, come to one of the events listed below, drop into our Information Centre (Osborn Mall, Fareham Shopping Centre), call us on 01329 239934, ask for information by emailing volunteer@1community.org.uk or go to the website www.do-it.org to find all our volunteering opportunities online.



One
Community
together we make a difference



The Queen's Award
for Voluntary Service

An event full of
discovery, including
Support for you and
opportunities too.
Something for everyone!

Fareham Discovery Fair Monday 9th March 9am-3pm at Fareham Shopping Centre by Debenhams

Come along and be
surprised

Over 10 stands

Offering you new
local information
and more...



www.1community.org.uk hhamlett@1community.org.uk

Tel: 01329 239 934

Come and see us inside Fareham
Shopping Centre, Osborn Mall

Registered Charity Number 1052978 Registered in England as a company limited
by guarantee Registered number 3132524

Volunteer Centre Outreach

Need volunteers?

Looking for a volunteering role:

Drop in and see us:

- Wednesday 4 March—**Job Centre Plus**, Crown Buildings, Civic Way, Fareham PO16 7HR, 10am-12 noon
- Thursday 5 March—**Highlands Hub**, 103 Highlands Road PO15 6HZ, 10am-12 noon
- Monday 9 March—**Fareham Library**, Osborn Rd PO16 7EN 10am-12 noon
- Wednesday 11 March—**Portchester Library**, 70 West St, Portchester PO16 9TX 10am-12 noon
- Friday 13 March—**Stubbington Library**, Stubbington Lane PO14 2PP, 10am-12 noon
- Wednesday 25 March—**Broadlaw Skills Café**, 1 Lion Place, Fareham PO14 1LE 10am-12 noon

Miniature Railway



Bursledon Brickworks Industrial Museum is a volunteer run museum located by the river Hamble between Southampton and Portsmouth. This is a

unique site and the only remaining steam driven brickworks left in the country. The present miniature railway is some 20 years old, so there are plans to develop a whole new miniature railway to replace the current line, providing a longer run and an improved visitor experience. This new project will be challenging but also a great opportunity to learn new skills and practise old ones. Come and join the growing group of railway volunteers in maintaining and developing the railway infrastructure, engines and carriages on Tuesdays and/or Thursdays (hours to suit volunteers), and assist with running trains on Event Days, which are usually one Sunday a month 10am -4pm (April to October).

Typical tasks will include:

- assisting with maintenance work on the track, sheds, trains and carriages
- clearing vegetation for new track layout
- helping to build and install the track and points for the new project
- checking track, trains and carriages prior to events
- selling tickets to visitors
- managing the station and helping to maintain a safe environment
- acting as guard or driver on trains (training provided)

This role would suit someone who's friendly and patient, has good communication skills and is happy to talk to people. The ability and willingness to learn new skills and work as part of a team is key.

It is a reasonably physical role, volunteers will need to be able to stand. Volunteers need to wear suitable clothing and footwear and must be aged 18 or over.

Ashcroft Arts Centre



The Ashcroft Arts Centre is a vibrant arts centre with its own café bar, offering a broad range of events and classes. The programme includes live drama, music, dance and comedy alongside films and

festivals and a packed timetable of classes and workshops for dance, exercise, arts, crafts and something to appeal to all ages and abilities. **Box Office & Front of House** - Front of house volunteers are vital to the smooth running of the Ashcroft Arts Centre. The role is to make visitors feel welcome and help with various front of house tasks such as:

- welcoming people and answering queries
- directing people to correct areas of the centre
- handing out tickets and taking payment
- answering the telephone as well as some administration duties

Bar/Café Volunteer - Join the friendly team at Ashcroft Arts Centre helping behind the bar or cafe during weekend and evening performances and events. The role will involve serving customers, clearing glasses, washing up and tidying. Volunteers must be over 18.

Admin - Could you help with some office administration to assist with the smooth running of the Ashcroft Arts Centre? Join a friendly team in a pleasant environment. Roles include mailings, data cleansing and general office tasks. This role would be perfect for a helpful team player. Free parking is available for volunteers while they are volunteering at the centre.

Café Imbizo Volunteer



The Imbizo team gives a warm welcome and successfully combines quality food, support services and opportunities to inspire. Focusing on many community needs from homelessness to recovery groups, they are frequently holding events/groups to bring the community together.

This is a varied role and includes most tasks related to a Café. You will be serving customers from behind a counter with refreshment orders, such as different teas and stylish coffees, as well as taking orders for food.

Café Imbizo offers their volunteers a hub of support and motivation; and their customers a place to refuel and unwind.

Volunteers need to be able to speak to people with ease and listen effectively to customers' requirements. Training on till and coffee machine is given as well as support in the role from team members. Café Imbizo offers its volunteers the

chance to be trained in all areas of Café duties and this is an exceptional opportunity to move forward in this career path. Due to the coffee machine, only over 16s can be actively helping behind the counter. However under 16s can apply for other areas.

Befriender at Cancer Support Centre



WESSEX
CANCER TRUST

Wessex Cancer Support Centres offer a safe and supportive place where people living with cancer can access local non-clinical support including: counselling, complementary therapy, advice, information and support from trained Befrienders. People visiting the Centre will either have direct experience of cancer, be bereaved, or have someone close to them who has cancer. Would you like to be part of the Befriending team at the centre? Volunteer Befrienders are special people who offer practical and emotional support to adults, teenagers and children at all stages of their cancer journey. They listen without judging and are able to maintain client confidentiality. This role would suit someone who enjoys meeting new people, is a good listener, friendly and caring. Volunteers must be able to attend training sessions and ongoing supervision. You can volunteer for one morning or afternoon a week, or give more time if you are able to.

Gardener—Sarisbury Green



Sarisbury Green Community Centre has many rooms, of all sizes, which house a huge variety of facilities. They offer many community activities, including photography, preschool, dance and discos. No two days are the same at the community centre! They are looking to build up a small group of volunteer gardeners to care for and develop the gardens round the community centre, which are the focal point of the community centre entrance. No experience is necessary, just a willingness to follow instructions and work as part of a team.

Solent Diabetes Shop

The Solent Diabetes Association aims to support people with diabetes living in the area, with money raised from two charity shops in Fareham and Gosport. They fund local diabetes research projects, provide holidays for people with diabetes,

and aim to reduce the risk of diabetic complications by helping people to manage their diabetes, and enjoy a healthy and fulfilling life.

Shop volunteers are encouraged to do all the different tasks within the shop, should they wish to. The role includes opening and sorting donated items, operating the till and serving customers, displaying, pricing and keeping the shop attractive. Shifts are available on different days and times, do get in contact to find out more.

Pack bags to raise money for Breast Cancer Haven



Breast Cancer Haven is a local charity based in Titchfield, offering support for anyone affected by breast cancer. They are holding a bag pack at ASDA Chandlers Ford on Saturday 7th March to raise money for this much needed charity. They have some of their wonderful volunteers scheduled in to pack bags in the morning, but are struggling to find enough people who can help in the afternoon and ensure that they can maximise the opportunity to raise vital money for the centre. If you can spare a little bit of time from 1pm onwards on Saturday 7th March, then please get in touch.

Back to the Future

Re-engagement Scheme Volunteers



Loneliness and social isolation is a huge problem among older people and others who find it difficult to get out and about. One Community runs a support scheme to address that need. The scheme, Back to the Future, is looking for friendly people who can commit to between eight and twelve visits to one person at a time. Volunteers visit a client at home for an hour or two, to chat to someone who finds themselves feeling lonely. The aim is that volunteers will then be able to support the client to re-engage with their community, by perhaps helping them to go to a lunch club or supporting them to access community transport so that they can do their own shopping, with the aim of them eventually going out on their own. This is a very flexible role, with visits arranged at the mutual convenience of the volunteer and client. Training is given and full support and supervision is provided, with mileage expenses paid at 45p per mile.



Mentor to Ex-Offenders

The Footprints Project aims to help ex-offenders needing encouragement and support. This is a very worthwhile opportunity for proactive people who can empathise and encourage others. Volunteers meet up with an ex-offender, ideally in prison prior to release, at the prison gate on the day of release and thereafter in public places in the community, cafes, etc.

Footprints trains volunteers as mentors to offer confidence and support to anxious and vulnerable people who have suffered from abuse, poor health, addiction problems, have often been brought up in care homes, spent lengthy periods of time in prison, have low self-esteem and levels of confidence. Clients can need help to access their benefits, with signposting to support groups to help address their offending behaviour, and with accessing treatment for health needs, addictions, etc, as well as helping them to become involved in volunteering, training or work. Supporting ex-offenders in this way means that they are less likely to return to crime. Only with help are they able to change their patterns of behaviour. This is a very worthwhile opportunity for proactive people who can empathise and encourage others who are in need of encouragement and support. Full training and support is provided.



For further information
023 8090 2458

Find all our opportunities
on www.do-it.org

One Community
Information Centre
55 Osborn Mall
Fareham Shopping Centre

Email
volunteer@1community.org.uk

Website
www.1community.org.uk

Registered charity number
1052978

Company limited by guarantee
3132524



Mascot March

Saturday March 28th at Noon
Marching along West Street, Fareham

Marching to celebrate our local community, come and join in!



Great photo opportunities

*Local charities and uniformed groups
marchers and mascots all together*

Official mascots must book in advance

07702 802 556— hhamlett@1community.org.uk

Registered Charity 1052978 Company Limited by Guarantee 3132524

Volunteer Centre
One Community
Funded in Fareham by
Fareham Borough Council

Fareham Edition