

Y SERVICES NEWSLETTER

FAREHAM & GOSPORT



Y HEALTH SUPPORTING YOUNG PEOPLE WITH THEIR HEALTH AND WELLBEING

Y HEALTH PROGRAMME GAINS CHILDREN IN NEED FUNDING

Y Services have received amazing news that the Y health programme has been funded for the next three years through Children in Need funding. The project will deliver emotional wellbeing programmes alongside relationships and personal development opportunities to young people across Fareham and Gosport. The award of £81,000 will assure that work will continue to meet the needs of local young people.

“Youth work is incredible. It has really helped me to build my confidence and is a lovely place to go which I look forward to every week.” Young Person, Health and Well Being Project

1

TARGETED SUPPORT –
PROVIDING ONE TO
ONE SESSIONS &
GROUP WORK

2

SUPPORTING HEALTH
& WELLBEING,
INCREASING SELF
ESTEEM

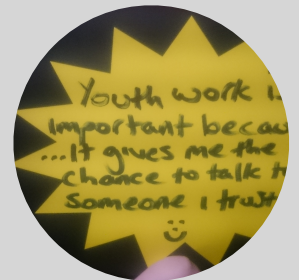
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RAISING AWARENESS
AND DEVELOPING
STRATEGIES TO KEEP
SAFE



PLAY RANGERS

This summer we delivered play ranger sessions reaching over 1000 children.



OPEN ACCESS YOUTH CLUBS

Giving young people somewhere to go & something to do. From Whiteley to Portchester, open access youth clubs supported by Fareham Borough Council plus grants and donations provide valuable space for young people to meet in a safe and supportive environment.

The Y Bus supports Access All Areas and other summer events

The Y bus has been busy over the summer period supporting activities for children and young people across a number of projects.



As well as the bus being available on specific Saturdays at West Street, Fareham, the bus was asked to attend a number of events this year. A popular session delivered at one of the Access All Areas sessions was the emotional wellbeing toolkit. Young people were able to obtain resources for a personalised toolkit to take home with them. This mental health toolkit project will continue over the coming months so that young people will have resources to support their well being. Other activities offered from the bus included games, crafts and topical discussions with youth workers.

The bus also visited for the first time the Waterlooville Summer Fete at Waterlooville Recreation Ground. Play rangers activities were offered to hundreds of children attending the fete. Including: stone painting, scratch art and bird feeders. The bus was a clear hit with families too, we hope to return to the area in the near future.

We continue to be supported by First Bus from their Hoeford Depot between Fareham and Gosport. Y Services are grateful for the time donated by drivers to transport the bus to and from the various venues.

INCREASED VOLUNTEERING OPPORTUNITIES

More young people are coming forward to volunteer with the charity. A warm welcome over recent months to new volunteers who are supporting a number of evening youth work sessions. We are currently looking for volunteers for Crofton, Odyssey in Portchester and Whiteley youth projects.

All volunteers are subject to an informal interview, DBS check and two references are required.

For further information please email; info@yservices.co.uk



