

Gosport Voluntary Action and One Community Working Together

One Community and GVA have always had a very close working relationship and so it was refreshing to get together in the same room after so long meeting via Teams. This meeting saw some new faces to the teams and included some refreshing ideas on how we can continue to work in partnership for the benefit of residents of Fareham and Gosport. We look forward to the future with great excitement



From left to right: Hayley Hamlett Senior Manager One Community, Jacky Charman Community Engagement Manager, Marilyn White Volunteer and Community Development Coordinator One Community, Clare Shaw Fundraising Advisor GVA, Charlotte Walker Voluntary Sector Support One Community, Kay Hallsworth CEO GVA



2022 Fareham Senior Citizen Event held at Fareham Leisure Centre and hosted by Suella Braverman MP

Over 100 members of the public came along to talk to groups and organisation who work collaboratively to support our aging population. Some groups offered health advice, some services of support and others gave ideas on how to prevent loneliness.

Staff from One Community spoke to 30 people and received some wonderful comments on the service we offer Fareham.



One Community News



From Hayley Hamlett (H) Senior Manager for Voluntary Services and Communications

Debra Clothier our Chief Executive invited me to write in this issue, which I am delighted to do. This month we have had many groups use our Volunteer and Information space both in Fareham and Eastleigh, which has been very exciting. These have included friendship groups, language and craft groups, as well as health support groups. There are certainly no two days the same in our volunteer centres. If you haven't popped in, then please do. Particularly if you have a new service leaflet, change of information or a new service—we need to know.

There is a real sense of trepidation in the voluntary sector at the moment with the energy costs going up. Many groups are having crisis talks about how they can continue their services and they are looking at ways in which they can make savings or reduce costs to avoid cuts, never an easy thing to do. During our Community Buildings Network meetings both in Fareham and Eastleigh these worries seem to be a focal point of discussion and concern. Whilst we have no magic wand or answers, we are here to listen and direct you to any possible support we are aware of.

Debra and I were delighted this month to be invited to attend the EGNA (Eastleigh Ghurkha and Nepalese Association) BBQ. We were treated like royalty and met some of their colleagues, families and other guests. We also received a certificate of thanks from them to One Community for the support we have given their friends groups in the Eastleigh Volunteer Centre. Finally, please can you take a moment and watch our transport film. This is part of One Communities response to the HCC consultation on changes to funding for transport services. The more people that watch it, the more likely it is to get noticed. Please type into Google: One Community Eastleigh Transport youtube and share. Many thanks

Green Tips

There are a few things we can all do to have a positive impact on the planet, to avoid waste, conserve resources and fight climate change. One Community is a climate change champion for the voluntary sector, providing information and signposting for community groups and charities regarding the climate change challenge.

Planning meals

If you have a meal plan for the week it helps ensure you do not buy more than you need when doing your weekly shop. It will also help you get portions right, again reducing waste. This way you can plan for any leftovers too, so if you have roast chicken one night, you can use the leftovers to make soup for dinner the next night etc.

<https://www.unep.org/thinkeatsave/>

have some great tips. They have a toolkit that you can download, full of information and tips for reducing food waste.

<https://www.lovefoodhatewaste.com/> has lots of recipes for using up leftovers. They site includes advice about storing food as well as using leftovers.

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According to LoveFoodHate Waste we throw away 4.4 million potatoes a day in UK homes. Wow! Food waste is a huge issue that's bad for our planet, and bad for our wallets.



One Community's Radio Broadcasts

Our 3pm Tuesday afternoon broadcasts on Unity 101 provide a focus on a local organisation each week.

If you are interested in your organisation being featured in a radio broadcast, please call Hayley Hamlett 02380 902400 or email her on hhamlett@1community.org.uk

fareham
SHOPPING CENTRE
FAREHAMSHOPPING.COM



Ask about Volunteering?

Friday 9th September

and

Friday 23rd September

Situated by the Claires
Accessories

10am—4pm

*One of the greatest
gifts you can give is
your time*



Come along and talk to local
groups looking for volunteers



One Community are planning these events in partnership with Fareham Shopping Centre. However you can visit us for volunteering guidance at any other time, we are opposite Millets.

Monday to Friday 10am—4pm and Saturdays 10am—2pm

Email: mwhite@1community.org.uk Tel: 01329 239 934

Registered Charity 1052978 Registered Company Limited by guarantee 3132524

There are always opportunities for us to promote your volunteer needs.
Please contact: mwhite@1community.org.uk

We speak to many people throughout the month, so it is important to keep us informed of your needs etc. We can also invite you along to our volunteering roadshows which will be occurring in various locations across the Borough of Fareham.

One Community works collaboratively with the job centre, corporates and colleges so has a large amount of volunteering interest. Also if you are concerned about rising energy costs, join the Fareham Community Lottery. As long as you are supporting the people of Fareham and you're a charity, you can join for free, it really is FREE MONEY

QUIZ NIGHT

FRIDAY 14TH OCTOBER
7PM - 10.30PM

at: Gateway Church
The King's Centre, 171-173 West St,
Fareham PO16 0EF

Includes choice of:
Fish n Chips
Sausage n Chips
Veggie option n Chips

Bring your own drinks

£12

Tickets available from One
Community Information Centre
Opposite Millets, Fareham

Pay and display parking available in Trinity Street, nearby

Registered Charity Number 1052978. Registered in England as
a company limited by guarantee Company Number 3132524.

Get your tickets now!

Email: mwhite@1community.org.uk

01329 239 934



Join the Fareham Community Lottery and you
could win an annual family membership to
Fareham Leisure Centre thanks to Everyone
Active

www.farehamlottery.org.uk



Governance Guidance

If you are an **Organiser or a Committee Member** then you are most likely a **Trustee** for your organisation and you should be aware of your responsibilities and requirements. At One Community we realise the complexities of your roles and this regular column is designed to support you with this.

“Trustees have overall control of a charity and are responsible for making sure it’s doing what it was set up to do. They may be known by other titles, such as: **Directors, Board Members, Governors, Committee Members.**”

“Whatever they are called, trustees are the people who lead the charity and decide how it is run. Being a trustee means making decisions that will impact on people’s lives. Depending on what the charity does, you will be making a difference to your local community or to society as a whole.”

“Trustees use their skills and experience to support their charities, helping them achieve their aims. Trustees also often learn new skills during their time on the board.”

From: Charity Commission /Charity trustee: what’s involved (CC3a)/:

<https://www.gov.uk/guidance/charity-trustee-whats-involved#find-out-more-about-being-a-trustee>

We are here to help



At One Community, we are always happy to offer direct, specific support and advice to you and your organisation, whenever you need it. Please contact our Voluntary Sector Support Team on 023 8090 2457 vss@1community.org.uk with any queries about being a Trustee or governance issues such as constitutions, policies, safeguarding, funding.

Pictured left is Charlotte Walker our lead on Governance and Membership.

Making Money for your Charity

Charities can only do a limited amount of trade, because making money is not in itself a charitable purpose, even if you are doing it to support your charitable activities. If you do too much money making activity you could fall foul of charity law, be liable for tax and put the charities assets at risk if you incur costs as a result of the trading activities.

If you want to make money for your charity through trading that isn’t allowable, then you need to look into setting up a trading subsidiary. This is a separate company that is usually owned by the charity, and donates the bulk of its profits to the charity via gift aid. The Charity Commission has lots of good advice on trading and trading subsidiary companies on their website, so that you can make sure you are set up correctly if you are selling goods or services as part of your charities activities.

What is trading?

Trading is an exchange of goods or services for money. The following ‘badges’ of activity are used to identify trade by HMRC for tax purposes.

- Repetition – ongoing activity would suggest a trade
- Profit motive – some aim to make money would be expected for a trade, even if you do not actually make a profit
- Selling mechanism – setting up a shop or online access to services suggests intention to trade
- Items bought for resale not for consumption/use
- Similarity to other trades

HMRC don’t need you to fulfil all of these to decide that you are trading, it could just take one of the criteria.

What trading can charities do?

The key is that any trading a charity does should not risk its charitable purpose, so you need to think first about whether the trading you want to do, of itself, furthers your cause. Your charity should not be put at any risk

when doing trading activities.

It's helpful to know a few key definitions:

Primary purpose trading – is when what you want to do to make money is part and parcel of your charitable work, it includes the situation where the trade is mainly carried out by the beneficiaries of the charity. Examples include:

- training delivered by an educational charity in return for fees
- café staffed by people with a learning disability run by adult social care charity
- sales of tickets for theatrical production staged by a theatre charity.

Ancillary trading – you have to apply a bit more judgement because these are activities which contribute indirectly to carrying out your work but aren't just fundraising, for example:

- Sale of food and drink in a theatre café – the public would expect that to be part of the overall experience, so the food and drink encourages them to participate in the charitable activity, not just to raise funds for it

Mixed trades – if a trade is partly primary purpose/ancillary and partly not, you have to look at it as two separate trades and account for them separately. The exempt trading element remains exempt, but the non-primary purpose element is taxable (unless it falls into the exemption for small trading). This is best illustrated by using the Charity Commission example:

A shop in an art gallery which sells a range of goods – some of which are connected with the primary purpose (books relating to exhibitions, prints of the charity's paintings) and some not (pencils with rubbers on the end)

Specific exemptions:

Small trading tax exemption

You can do a small amount of trading that does not relate to your main charity purpose, but anything above this could be subject to tax and should be put through a trading subsidiary. Broadly speaking small is less than 25% of your gross annual income, but the amounts vary for different sized charities so see the GOV.UK website for more information

Lotteries and exempt fundraising activities

You won't have to pay tax on lotteries and certain fundraising events as long as:

all profits are spent on charitable purposes

the fundraising event qualifies for exemption from VAT

you have an operating licence for the lottery.

Setting up a trading subsidiary

As there are strict limitations on what trading a charity can do, you might want to set up a trading subsidiary to raise funds, for example running charity shops or selling consultancy and services to people other than your beneficiaries. A trading subsidiary reduces the risks to your charity and can facilitate fundraising through trading however there are some key issues that arise:

- Funding the trading subsidiary and ensuring that if you use charitable funds, it is done at arms length and properly written up
- Making sure you have a board of directors that is suitably independent from and can manage any conflicts of interest
- Sorting out how to manage and charge work across the two organisations because the charity is not allowed to subsidise the trading subsidiary by providing free staff time

Trading as a charity is a complex issue, so before you start do look at the Charity Commission website, or take some expert advice, so that you don't put your charity at risk or find yourself facing an unexpected tax bill.

Adapted from NCVO Guidance on Trading and Charities.

Information



Enthusiasts of all things vintage are invited to Bygone Fareham on Saturday 10 September. Taking place in the pedestrianised area of West Street between 10am and 4pm, this event is free for all the family. Classic vehicles will be displayed for visitors to admire and there will also be vintage style singing and dancing to entertain the crowds.

Fareham Community Lottery, joining the Fareham Community Lottery as a Fareham Good Cause can give you an income every month from your local supporters. Some local Good Causes are receiving enough money each month to cover their energy bills.

www.farehamlottery.org.uk



At
St Mary's Stadium
Home to
Southampton FC

023 80 641 244

[OSEyeContactExpo2022.eventbrite.co.uk](https://www.eventbrite.co.uk/OSEyeContactExpo2022)



Eye Contact Exhibition 2022 Wednesday 28th September

**The Biggest Sight Loss
Exhibition in Hampshire!**
**Bringing together the latest
accessible Equipment, Tech &
Services available, to those with,
or at risk of Sight Loss**





HAMPSHIRE CVSNetwork

Supporting the voluntary and community sector

Hampshire CVS Network Funding Bulletin

Welcome to the latest edition of the monthly *Funding Bulletin*, brought to you by the Hampshire CVS Network, of which One Community is a part. Bringing you the latest information on all things grants and funding related including announcements, top tips and upcoming events. Should you have any queries or require support to access funding please contact us on 023 8090 2400 or vss@1community.org.uk

ARTS, CULTURE & HERITAGE

The Arts Society Grants

Grants are available for UK-based charities to deliver projects and activities that engage young people in the arts, promote skills development in the arts and heritage sector, and support local and regional arts organisations and museums. Deadline: 30 September 2022. Please visit <https://theartsociety.org/grants> to find out more.

Cultural Protection Fund

Grants are available to not-for-profit organisations in the UK or overseas for projects focusing on the protection of cultural heritage under threat in one or more of the Fund's target countries. Deadline: 31 October 2022. Please visit <https://www.britishcouncil.org/arts/culture-development/cultural-protection-fund/small-grants> to find out more.

HEALTH & SOCIAL WELFARE

The Grocers' Charity

The charity provides one-off grants of up to £5,000 to charities with a turnover of less than £500K (different for health/medical ones). A wide range of areas are supported, details at the web site below. Please visit <https://grocershall.co.uk/the-charity/memorial-grants/> to find out more.

Santander Foundation - Financial and Digital Empowerment Fund

Grants are available to UK charitable organisations for projects to improve people's digital confidence, knowledge and skills, enabling them to access financial services and to make more informed decisions about money. Application deadline: 23 September 2022. Please visit <https://www.santandersustainability.co.uk/the-santander-foundation> for more information.

A B Charitable Trust

Grants are available for small to medium-sized charities registered and working in the UK that defend human rights and promote respect for vulnerable individuals. Application deadline 30 October 2022. Please visit <https://abcharitabletrust.org.uk/> for more details.

Funding

ENVIRONMENT

Rewilding Britain - Rewilding Innovation Fund

Grants are available to boost locally led land and marine nature recovery projects across Britain. Application deadline: 14 October 2022. Please visit <https://www.rewildingbritain.org.uk/support-rewilding/the-rewilding-network/rewilding-innovation-fund> for details.

Environmental Funders Network – Rapid Response Fund

Grants are available for groups and organisations in the UK to provide a mechanism for quick responses to unexpected crises and opportunities with potentially significant environmental outcomes. Fund Information: Funding body: Environmental Funders Network, Maximum value: £ 25,000, Minimum value: Discretionary, Application deadline: None specified. Please visit <https://www.greenfunders.org/efn-rapid-response-fund/> to find out more.

Veolia's Sustainability Fund (with Crowdfunding)

Grants of up to £1000 are available for not-for-profit organisations and community groups in the UK who can raise their initial funding through a crowdfunding campaign to support projects that create a better environment or a more sustainable local community. Veolia will match up to 50% of the money raised by groups through Spacehive up to a maximum of £1,000. Please visit <https://www.veolia.co.uk/sustainability-fund> for more.

Climate Action Fund

Grants are available for community-led partnerships in the UK to make changes in their community that they believe will have the biggest impact on climate change. Application deadline: N/A. Please visit <https://www.tnlcommunityfund.org.uk/funding/programmes/climate-action-fund-programme> for more information.

CHILDREN & YOUNG PEOPLE

Kelly Family Charitable Trust

The funding is for charities whose activities involve all or most family members in initiatives that support and encourage the family to work as a cohesive unit in tackling problems that face one or more of its members. Grants of up to £5,000 are offered. Core costs can be funded and they welcome applications from relatively new charities. Please visit <https://kfct.org.uk/> for more.

Warburtons Families Matter Community Grants Programme

Small grants are available for local projects, activities and organisations that have charitable aims and that will be of real direct benefit to families in England, Scotland and Wales. Maximum value of grant is £400, Application deadline: 07/11/2022. Please visit <https://www.warburtons.co.uk/our-company/sustainability/within-the-community/giving-donating/financial-giving/> for more details.

The Blgrave Trust

Offering small grants and partnership grants to organisations working with young people from deprived areas, with funding over three years. Please visit <https://www.blgravetrust.org/apply-for-funding/> for more.

COMMUNITY DEVELOPMENT

HIWCF – Including Communities

Grants of up to £5,000 to support community-based organisations working to improve the lives of people throughout Hampshire and the Isle of Wight, particularly those who are disadvantaged at multiple levels or through multiple facets of their lives. Please visit <https://www.hiwcf.org.uk/grant/including-communities-round-2/> for more.

Betsy Foundation

Betsy normally provide financial grants of up to £30,000 to UK-based charities that operate in London and the South-East to help them overcome poverty, abuse and homelessness for the younger members of our society. They are interested to hear from you if a grant from the Betsy Foundation could unlock your potential to deliver a vital project. These criteria would need to apply: The beneficiaries are primarily under 30 years old and are currently living in London and the South-East of England. OPENS October. Please visit <https://www.betsyfoundation.org/> for more.

Black History Month 365 Fund

Applications for the fund will open on 1st September, and close on 29th September. Every year October marks Black History Month in the UK, a celebration that recognises the achievements and contributions of people of black heritage around the world. A2Dominion Housing Group, in partnership with Catalyst Housing, Metropolitan Thames Valley and Sovereign Housing, is proud to extend a commitment that will enable the community to celebrate and educate throughout the entire year. Please visit <https://www.chg.org.uk/news/resident-news/black-history-month-365-fund/> for more information.

SPORT & LEISURE

Bowls England

Loans are available to clubs who have been affiliated with Bowls England for a minimum of three years. Loans are available for bowls clubs in England to improve their facilities. Maximum loan of £20,000. Application deadline is not specified. Please visit <https://www.bowlsengland.com/club-loans/> for more.

Central Social and Recreational Trust

Grants are available for sports clubs and organisations in England to provide or assist in the provision of facilities for recreation or other leisure time occupation for the benefit of disadvantaged children who are under the age of 21 years. Sports clubs and organisations that are affiliated to their governing body, ie Amateur Boxing Association of England, National Association of Clubs for Young People, Football Association, are eligible to apply. Maximum value: £1,000. Application deadline not specified. Please visit <https://www.csrt.info/how-to-apply/> for more.

This months top tip: Write a First Draft

Getting something down on paper can be the hardest part, so we recommend starting with anything! It doesn't have to look good, and it certainly will not be perfect, but it's a work-in-progress and you have to start somewhere. After you've made a plan and an outline, get your ideas down on paper. As long as you allow plenty of time, you will have the chance to tweak, polish and refine later

Funder Finder Service

To help your organisation find available grants specifically tailored to a particular project or area of work, non-profit groups in Hampshire can **access a free tailored search** to help you discover what's available. This service is provided by Basingstoke Voluntary Action on behalf of the Hampshire CVS Network, of which One Community is part. To find out more please visit: www.bvaction.org.uk/funding-finder

We know that the funding section of Network is important to many of you, and we have heard in passing from some of you that you have applied for funding from these pages and been successful. Please, if you learn of potential sources from these pages and you apply, can you let us know? Our funders monitor our work, and critical to this is the support we give to groups around funding. They need to know that the information and support we give you - these funding pages for example - is effective, so evidence of this is very welcome.

If you are not getting the funding you need, then we are here to help you.

Please let us know on vss@1community.org.uk or 023 8090 2400

Information

USEFUL CAMHS RESOURCES

NHS
Hampshire Child and Adolescent Mental Health Services

Hampshire CAMHS website guide - leaflet

What to do when concerned about a young person - leaflet

A to Z of mental health coping strategies (junior version) - leaflet

A to Z of mental health coping strategies (adolescent version) - leaflet

Eating disorder awareness resource & team details

Hampshire CAMHS SAFE card

How to make a self-soothe box - poster

111 Mental Health Triage Team - leaflet

Referral guides for mental health difficulties - leaflets

SCAN ME WITH YOUR CAMERA APP

One Community is here to support you.
For assistance with governance, policies, procedures, training, events, promotion, and digital media please contact our Voluntary Sector Support Team on 023 8090 2400 or vss@1community.org.uk

Your Network
Send submissions for inclusion in Network to:
vss@1community.org.uk
by the middle of the month

Please follow us on Facebook, LinkedIn, Twitter, Instagram and YouTube

